

FOI 2939

1st April 2025

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

1. Prevalence of Obesity and Related Conditions

a. The number of patients diagnosed with obesity (BMI ≥ 30) within the past five years (broken down by year).

Response:

We do not record prevalence data and would not be able to provide numbers of patients receiving treatment for obesity related conditions.

b. The number of patients currently receiving treatment for obesity-related conditions, including:

- Type 2 diabetes
- Cardiovascular disease
- Hypertension
- Osteoarthritis and
- Sleep apnoea.

Response:

We do not hold information in respect of these conditions specific to obesity.

c. The annual number of hospital admissions related to obesity and its complications over the past five years.

Response:

We can provide figures in relation to attendances at Emergency Departments where obesity has been specifically coded and number of patient admissions where obesity has been specifically coded but cannot provide information on obesity conditions

Number of ED Attendances with a Obesity Condition*

Arrival Date between: 01/01/2020 - 31/12/2024

NOTES:

*Patients with a diagnosis of obesity have been extracted using UDDA Diag Description 1-8 that match pattern 'Obese' / 'Obesity' OR ICD 10 Codes 1-6 = E66.0 (Obesity due to excess calories), E66.2 (Extreme obesity with alveolar hypoventilation), E66.8 (Other obesity), E66.9 (Obesity, unspecified) as provided by the SHSCT Clinical Coding Team on 10/03/2025 OR Triage Text matches pattern 'Obese' / 'Obesity'

EXCLUDES Dental Cases

UDDA Coding as at 13/03/2025 for period 01/01/2020 - 31/12/2024 is 93.5% coded. This means there could be some ED attendances with obesity that haven't been coded not included.

Year of Attendance	No. of Attendances
2020	76
2021	7
2022	7
2023	6
2024	5

Number of Inpatient Admissions with a Obesity Condition*

Date of Admission between: 01/01/2020 - 31/12/2024

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NOTES:

Please be advised that SHSCT cannot provide a response for 'its complications' element of the question.

Data EXCLUDES Regular attenders.

* 'hospital admissions related to obesity...' is based on: Primary Diagnosis OR Secondary Diagnosis 1-15 = E66.0 (Obesity due to excess calories), E66.2 (Extreme obesity with alveolar hypoventilation), E66.8 (Other obesity), E66.9 (Obesity, unspecified) as provided by the SHSCT Clinical Coding Team on 10/03/2025.

Clinical Coding position for the period 01/01/2020 - 31/12/2024 as at 13/03/2025 is 98.9% complete.

Year of Admission	No. of Admissions
2020	168
2021	261
2022	233
2023	237
2024	166

2. Financial Costs

a. The estimated annual cost of treating obesity-related conditions within the trust.

Response:

There is no specific ringfenced funding for Obesity services

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