

# Walk and Talk :::::

## For people affected by cancer



### **Newry**

Every Wednesday at 11am -  
Tow Path, Carnbane



### **Craigavon**

Wednesday 26<sup>th</sup> June at  
2pm then bi-weekly from  
Wednesday 16<sup>th</sup> July at 2pm  
- South Lake Leisure Centre



**For more information please  
contact the Macmillan  
Information Service.**

We invite anyone who has been affected by cancer to take some time out to relax and connect with new people at our Walk & Talk sessions in Newry and Craigavon.

The walk & talk in **Newry** meets every Wednesday at 11am at the Tow Path at Carnbane Industrial Estate. Please telephone: **07881 888675** for more information.

The walk & talk in **Craigavon** will be meeting every other Wednesday at 2pm from the 16th July 2025 in front of the entrance to the South Lake Leisure Centre. Please contact the Macmillan Information Service on **02837 561001** for more information.

**We look forward to seeing you there!**