



Community Health Trainers & Health Champions
are hosting

CHATTY WALKS

Lurgan Park

Mondays from 10am

Meeting at the Gates,
Windsor Avenue, Lurgan

Moderate & Relaxed Pace

Drumellan, Craigavon

Mondays from 1pm

Meeting at Drumellan
Community Association

Relaxed Pace

Oxford Island

Wednesdays from 10am

Meeting at Lough Neagh
Discovery Centre

Moderate to Brisk Pace

Kinnego Marina

Wednesdays from 10am

Meeting at the Sailing Club

Cost: £2

Relaxed Pace

South Lakes

Thursdays from 10am

Meeting at
Cafe IncredABLE

Moderate Pace

People's Park, Portadown

Fridays from 12pm *

Meeting at Clanrye at
Mayfair Business Centre
(Social Cafe afterwards)

Relaxed Pace

*Register for Portadown walk directly
with Emma on: 07485325861 or
emma.mccormick@clanryegroup.com

No registration required - just drop in.
Walk, Chat and Cuppa!
For further enquiries contact
Verve Programme
T: 028 3756 3946
E: verve.network@southerntrust.hscni.net

