

WALKING GROUPS THROUGHOUT THE SOUTHERN TRUST

Please contact the relevant group for more information

NEWRY & MOURNE AREA				
Group	Location	When	Contact	Telephone
Feet on the Street	St. John Bosco GAC Social Club, Water Street, Newry	Thursday 7.00 - 7.15 pm	Ciaran Mackin cmackin717@icloud.com Maurice Rooney hcobosco@yahoo.com	0778 975 7285
Conor's Clan	Caring Coins, Edward Street, Newry	Wednesday 6.45 pm	Briege McEvoy Briegemcevoy@gmail.com	0788 210 3486
Walk & Talk for people affected by Cancer	Newry Tow Path, Carnbane	Wednesday 11.00 am	Colette Ross	07881 888675
Kilkeel Low Impact Walking Group	Bowling Green Car Park, Mourne Esplanade	Tuesday 10.15am	Jennifer Sophie	0786 455 6129 028 4125 8150
Health & Wellbeing Walking Group	Derrymore Forest	Monday & Tuesday 10.30 am – 12 noon	Participants must be able to walk unaided. To register please use link:- https://forms.office.com/r/jjjxae14PE	

ARMAGH & DUNGANNON AREA				
Group	Location	When	Contact	Telephone
Health & Wellbeing Walking Group	Armagh Palace Stables	Monday 10.30am – 12 noon	Sarah Haughey Sarah.haughey@clanryegroup.com	0787 050 8039
Dúthracht	Eoghan Ruadh Hurling Club	Wednesday 6.30 am	Roisin Kelly	0798 065 6324
Friends2Talk	Coalisland Community Hub	Tuesday & Thursday 7.00 pm	Fergal O'Donnell friends2talk2023@gmail.com	0787 180 0551

CRAIGAVON & BANBRIDGE AREA				
Group	Where	When	Contact	Telephone
South Lake Chatty Walking Group	South Lake Leisure Centre	Thursday @ 10.00 am	Rebekah Rebekah.Lee@southerntrust.hscni.net	028 3756 3946
Brownlow Chatty walks	Brownlow Library, Legahory	Tuesday @ 10.30 am	Rebekah Rebekah.Lee@southerntrust.hscni.net	028 3756 3946
Lurgan Park Chatty Walks	Lurgan Park (Windsor Avenue gates)	Monday @ 10.00 am	Rebekah Rebekah.Lee@southerntrust.hscni.net	028 3756 3946
Oxford Island Chatty Walks	Oxford Island (Lough Neagh Discovery Centre)	Wednesday @ 10.00 am	Rebekah Rebekah.Lee@southerntrust.hscni.net	028 3756 3946
Chatty Walk	Kinnego Marina (Sailing Club) Cost: £2	Wednesday @ 10.00 am	Rebekah Rebekah.Lee@southerntrust.hscni.net	028 3756 3946
Drumellan Family Learning Complex	Drumellan Family Learning Complex 4 Drumellan Court Craigavon BT65 5HT	1 st September Monday – 1-2 pm	Mandy Rogers drumellan@hotmail.com	028 3832 1415
Walk & Talk for people affected by Cancer	South Lake Leisure Centre	Wednesday 2.00 pm	Caroline or Shannon	028 3756 1001
Walk n talk	Car park, Ashley Street, Banbridge	1 st Friday of month @ 10.00 am	Jane	028 4062 0070
T W G Plus (Tandem & Walking group for visually impaired)	Craigavon area Lurgan Park	Please contact Doreen for details	Doreen	0773 472 3575
U3A – Monday Walking Group	Upper Bann area	Monday – 9.45 am	Paddy Haughian	0756 893 6969
U3A – Strollers Group	Upper Bann area	Tuesday – 10.00 am	Pat Flowerday	0784 235 5311
Chatty Walks People's Park, Portadown	Mayfair Business Centre, Portadown	Friday @ 12.00 noon	Emma McCormick Emma.mccormick@clanryegroup.com	0748 532 5861
Clanrye – Walk & Talk for Carers	Mayfair Business Centre, Portadown	Monday – 10.30am – 12 noon	Nicole Dynes Nicole.dynes@clanryegroup.com	0787 050 6353