



Community Health Trainers & Health Champions  
are hosting

# CHATTY WALKS

## Lurgan Park

Mondays from 10am  
Meeting at the Gates,  
Windsor Avenue, Lurgan

**Moderate & Relaxed Pace**

## Drumellan, Craigavon

Mondays from 1pm  
Meeting at Drumellan  
Community Association

**Relaxed Pace \***

## Brownlow Library

Tuesdays from 10.30am  
Meeting at Brownlow  
Library

**Moderate Pace**

## Drumcree Centre

Tuesdays & Thursdays  
from 9.30am  
Meeting at Drumcree Centre

**Brisk Pace \*\***

## Oxford Island

Wednesdays from 10am  
Meeting at Lough Neagh  
Discovery Centre

**Moderate to Brisk Pace**

## Kinnego Marina

Wednesdays from 10am  
Meeting at the Sailing Club  
Cost: £2

**Relaxed Pace**

## South Lakes

Thursdays from 10am  
Meeting at  
Cafe IncredABLE

**Moderate Pace**

## People's Park, Portadown

Fridays from 11am  
Meeting at Clanrye at  
Mayfair Business Centre  
(Social Cafe afterwards)

**Relaxed Pace \*\*\***

## Dungannon Park

Saturdays from 11am  
Meeting at Car Park,  
Dungannon Park

**Moderate Pace**

**To register please contact: Verve unless specified below:**

- \* Drumellan - 028 3832 1415
- \*\* Drumcree Centre - 028 3868 0081 or drumcreetrust000@btconnect.com
- \*\*\* People's Park - Emma on 07485325861 or emma.mccormick@clanryegroup.com

No registration required - just drop in.  
Walk, Chat and Cuppa!

For further enquiries contact

Verve Programme

T: 028 3756 3946

E: [verve.network@southerntrust.hscni.net](mailto:verve.network@southerntrust.hscni.net)

