

WALKING FOR  
**HEALTH**



Southern Health  
and Social Care Trust

TOGETHER, IMPROVING CARE, TRANSFORMING LIVES

**WALK AND TALK FOR PEOPLE  
AFFECTED BY CANCER .  
JOIN US IN THE BLISSFUL OUTDOORS**



**EVERY WEDNESDAY  
AT 11AM  
NEWRY TOW PATH,  
CARNBANE**

**FOR MORE  
INFORMATION CALL:  
07881 888675**

**NATURE, FRIENDS,  
AND MEMORIES AWAIT**