

FOI 3085

29<sup>th</sup> May 2025

## **FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST**

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**FaME is a group based structured falls prevention programme delivered by Postural Stability Instructors (PSIs) trained by Later Life Training. It may be delivered under different local names.**

**We are collecting this information to map FaME provision across the UK, as part of a national analysis of falls prevention service provision to inform future policy and commissioning recommendations.**

**Please answer the following questions in relation to your organisation's commissioning and/or provision of FaME during the financial year 1 April 2024 to 31 March 2025:**

### **1. Commissioning**

**Did your organisation commission any FaME programmes delivered by PSIs during this period?**

**Response:**

Yes

No

No, but we have done so in the past

### **2. Provision**

**Did your organisation provide any FaME programmes delivered by PSIs during this period?**

**Response:**

Yes

No

No, but we have done so in the past

### **3. Participation**

**Approximately how many individuals took part in the FaME classes that you commissioned or provided during this period?**

**Response:**

Not Applicable [Enter number or nearest estimate]

**4. Programme Duration**

**What is the typical length of the programme funded per participant?**  
(e.g., 6 weeks, 12 weeks, 24 weeks)

**Response:**

Not Applicable [Enter duration]

**5. Toolkit Usage**

**Have you used the FaME Implementation Toolkit to support its commissioning or provision?**



**Response:**

- Yes
- No
- Not sure

**6. Follow-Up**

**Would your organisation be willing to be contacted for further information about your programme(s)?**

**Response:**

- Yes – please contact [Falls.Coordinator@southerntrust.hscni.net](mailto:Falls.Coordinator@southerntrust.hscni.net)
- No

Email: [Foi.Team@Southerntrust.hscni.net](mailto:Foi.Team@Southerntrust.hscni.net)