

FOI 3088

13th June 2025**FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST**

1. The number of individual patients treated in your trust/board who are diagnosed, either as a primary diagnosis or a co-morbid diagnosis, with the following mental health conditions/available categorisation over the past five years/available time period:

- Psychosis / Schizophrenia / Schizo-Affective Disorder
- Treatment Resistant Depression
- Bipolar / Cyclothymia / Hypomania
- Eating Disorders
- EUPD/CEN
- Other
- Diagnosis not recorded

Response:

Please see response attached.

The response to 'other':

Under section 12 of the Freedom of Information Act 2000, Public Authorities are not obliged to comply with an information request where to do so would exceed the cost limit.

Unfortunately we are unable to provide the information you have requested as the cost of locating and retrieving the information exceeds the "appropriate limit" as stated in the Freedom of Information (Fees and Appropriate Limit) Regulations 2004. It has been estimated that it would take more than 18 hours to locate and retrieve the requested information. In order to obtain this information and it would exceed the £450 limit and is therefore cost prohibitive.

2. The total number of admissions in your trust/board involving the following mental health conditions/available categorisation, where individuals have been sectioned under the Mental Health Act over the past five years/available time period:

- Psychosis / Schizophrenia / Schizo-Affective Disorder
- Treatment Resistant Depression
- Bipolar / Cyclothymia / Hypomania
- Eating Disorders
- EUPD/CEN

- Other
- Diagnosis not recorded

Response:

Please see response attached.

The response to 'other':

Under section 12 of the Freedom of Information Act 2000, Public Authorities are not obliged to comply with an information request where to do so would exceed the cost limit.

Unfortunately we are unable to provide the information you have requested as the cost of locating and retrieving the information exceeds the "appropriate limit" as stated in the Freedom of Information (Fees and Appropriate Limit) Regulations 2004. It has been estimated that it would take more than 18 hours to locate and retrieve the requested information. In order to obtain this information and it would exceed the £450 limit and is therefore cost prohibitive.

3. Does your trust/board have a specialist care pathway, such as EIP (Early Intervention in Psychosis), that provides treatment for the following conditions:

- Bipolar/Cyclothymia/Hypomania
- Psychosis/Schizophrenia/Schizo-Affective Disorder
- EUPD/CEN
- Treatment resistant depression
- Eating Disorders

Response:

The Southern Trust has a Specialist Care Pathway for Eating Disorder and also one for Personality Disorder

4. If 'yes', please describe these care pathways.

Response:

The Southern Trust follows the regional care pathway for eating disorders (attached). The only caveat is that when mild/moderate cases are referred in they come directly to the Adult Eating Disorder Service rather than CMHT for initial intervention.

The Southern Trust Personality Service has had to adapt the current service delivery in response to resourcing issues with Psychology and Psychiatry availability. Please see Personality Disorder Care Pathway (attached).

5. If 'yes', please provide the estimated annual spend for said specialist care pathways for each year / available time period, providing the name of each service, from 2019 to 2025.

Response:

SHSCT total expenditure for Eating Disorders and Personality Disorders over the last 6 financial years (1st April until 31st March), is listed as follows:



**Southern Health
and Social Care Trust**

| Financial Year | Eating Disorders net Income & Expenditure per Financial Year £M | Personality Disorders net Income & Expenditure per Financial Year £M |
|-----------------------|--|---|
| 2024/25 | 0.7 | 0.2 |
| 2023/24 | 0.7 | 0.2 |
| 2022/23 | 0.6 | 0.2 |
| 2021/22 | 0.6 | 0.1 |
| 2020/21 | 0.6 | 0.1 |
| 2019/20 | 0.6 | 0.2 |

Expenditure for Personality Disorder excludes medical costs which are not separately identified.

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