

FOI 3117

4th June 2025**FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST**

- 1. What was the total funding allocated to the Steps to Wellness Service in the following fiscal years: April 2023 – March 2024; April 2024 – March 2025?**

Response:

SHSCT Steps to Wellness recurring revenue budget for the last 2 financial years (1st April until 31st March), is listed as follows:

Financial Year	Budget £M
2023/24	1.23
2024/25	1.41

- 2. If known, what was the total funding allocated to 1-to-1 Talking Therapy (e.g. counselling of CBT) specifically in these same fiscal years: April 2023 – March 2024; April 2024 – March 2025?**

Response:

Steps to Wellness (STW) provides group-based intervention in the main, 1to1 therapy can be provided by STW team if extenuating circumstances prevent service user from engaging in group intervention. The budget is not divided into group work or 1:1 interventions.

- a. It may be that the answer is £0, given the description of the Service on the website; we are asking so as not to assume**

- 3. What are the names of the organisations currently receiving funding for the provision of services that fall under the Steps to Wellness Service?**

Response:

STW service does not commission services for the provision of therapy.

- a. If there are Organisations providing 1-to-1 Talking Therapy, please highlight these**

Response:

Not applicable.

4. What address/addresses do these organisations provide services from?
a. If the full address is not possible (e.g., individual therapist operating from their own address), postcodes will suffice ([15-25 addresses in smaller user postcodes](#) should protect the personal data of any counsellors working on their own)

Response:

Not applicable.

5. Of those totals, in 1, how much funding was provided to each individual organisation in each fiscal year?

Response:

Not applicable.

6. How many referrals were made to each Organisation / did each Organisation report to have received during each fiscal year?

Response:

Not applicable.

- a. How many referrals were provided Talking Therapy (if any) during each fiscal year?

Response:

Not applicable.

Separate to the Steps to Wellness Service

7. Are there any other organisations responsible for the provision of Counselling / Talking Therapy linked to primary care, who are publicly funded, outside the NI-LES Service?

Response:

CRUSE Bereavement Support receive funding from SHSCT to provide bereavement support in SHSCT area.

Public Health Agency can be contacted regarding funding of organisations who provide counselling/Talking Therapy with in SHSCT.

You can contact them at:

Foi.pha@hscni.net