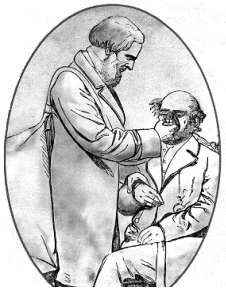
Southern Health and Social Care Trust

Preoperative Assessment Clinic
Craigavon Area Hospital
Department of Anaesthetics
68 Lurgan Road
Portadown
BT63 5QQ

Tel: 028 37565167



Anaesthetics, Theatres
Intensive Care Services

2021

Mr Surgeon
Consultant
Hospital

Predicted Perioperative Risk:	
P-POSSUM	30-Day Mortality:
	30 Day Morbidity
SORT	30-Day Mortality:
Rockwood Frailty Score =	

Dear

Re: **Name:**
DOB:
Address:
Hospital No: **HCN:**

I met with today. He is on your waiting list for a. The purpose of the consultation was to explore his perioperative risk profile and strengthen the shared decision making / consent process.

Height: 165cm	**Weight**: 154kg	**Ideal Body Weight** 86kg	**BMI**: 56	**Body Habitus**: Android / Gyanecoid
Airway Assessment / Comments:				
Past Medical History 1.				
Sleep Disordered Breathing Screening 1. Epworth Sleepiness Score = 2. Serum HCO3 = Action Taken: (Refer for overnight oximetry if score > 12/24. Refer to Respiratory Team if moderate/severe OSA – AHI ≥ 15)				

Mr X understands the operation being offered and is very keen to proceed. We discussed the challenge of anaesthesia and recovery from surgery. MR X understands that high BMI may increase risk of difficult airway management, ventilation and vascular access. Using the risk calculators we discussed the general risk profile for mortality and morbidity (MACE, CVA, renal, pulmonary and wound infection). He understands the potential implication of a severe perioperative complication (increased LOS / reduced QOL). I outlined the safety systems we have in place to permit safe perioperative care for patients with a high BMI.

I have provided Mr X with an information leaflet for patients with high BMI undergoing surgery as well as information on how to use exercise therapy for prehabilitation prior to surgery.

Kind regards

Dr Aidan Cullen (GMC: 6050851)
Consultant Anaesthetist

CC: Dr

Please remember these scores are a ***prediction*** of morbidity and mortality and the scores tend to slightly overpredict in the low-risk group and at the extremes of age.