

Southern Health & Social Care Trust

1. How many patients were declared medically fit for discharge but remain in hospital due to external factors (e.g lack of care packages) from 2020-2024

2020	2021	2022	2023	2024
99	92	83	92	126

2. How many patients were declared medically fit for discharge but remain in hospital due to external factors on a monthly basis (e.g lack of care packages) in 2025?

Jan-25	Feb-25	Mar-25	Apr-25
35	29	29	33

3. Please break down by reason where possible (waiting for home care package, housing, adaptations, assessment delays)

Delays are due to awaiting appropriate home care beds and home Care Packages. MCA - Legislation.

4. What is the longest number of days a patient was declared medically fit for discharge but remained in hospital in 2024?

1911 days

5. What is the longest number of days a patient was declared medically fit for discharge but remained in hospital in 2025?

1535 days

Please note:

Medically Fit date taken from when patients was discharge plus those still in Hospital as at the 30th April.

Patients can be reported under a number of different years.