



Newsletter

HAPPY NEW YEAR!



10,000 MORE VOICES MDT PATIENT SURVEY

Share your story, Shape our service

Monday 29th January marks the launch of the MDT Patient Survey – 10,000 More Voices.

Patient feedback is an important part of the evaluation and quality improvement of Primary Care MDTs.

Since MDTs were introduced in 2018, both local and regional patient feedback has been captured, but varies across the Federations and professions with regards to what is being gathered and the methodology used.

To address this, SPPG have been working with the PHA to deliver an online patient survey for MDTs

The survey will focus on gathering the experiences from patients, carers and their families. What is important and what matters to the patient can be highlighted through this opportunity. The anonymous feedback provided will assist in timely improvements being made to the delivery of care.

The online survey can be accessed through a Federation-specific QR Code given out to patients following their consultation. MDT staff/practices have also been provided with posters and leaflets to publicise the survey further.

PHA will provide dedicated support to patients who may require assistance in completing the survey, issuing a paper-based version or have the survey translated into different language.

The survey will be open for a period of six weeks from:

Monday 29th January to Friday 8th March.

We encourage all MDT staff to promote this survey to their patients.





MDT IN NUMBERS

GPIP MDT HIGH LEVEL DASHBOARD

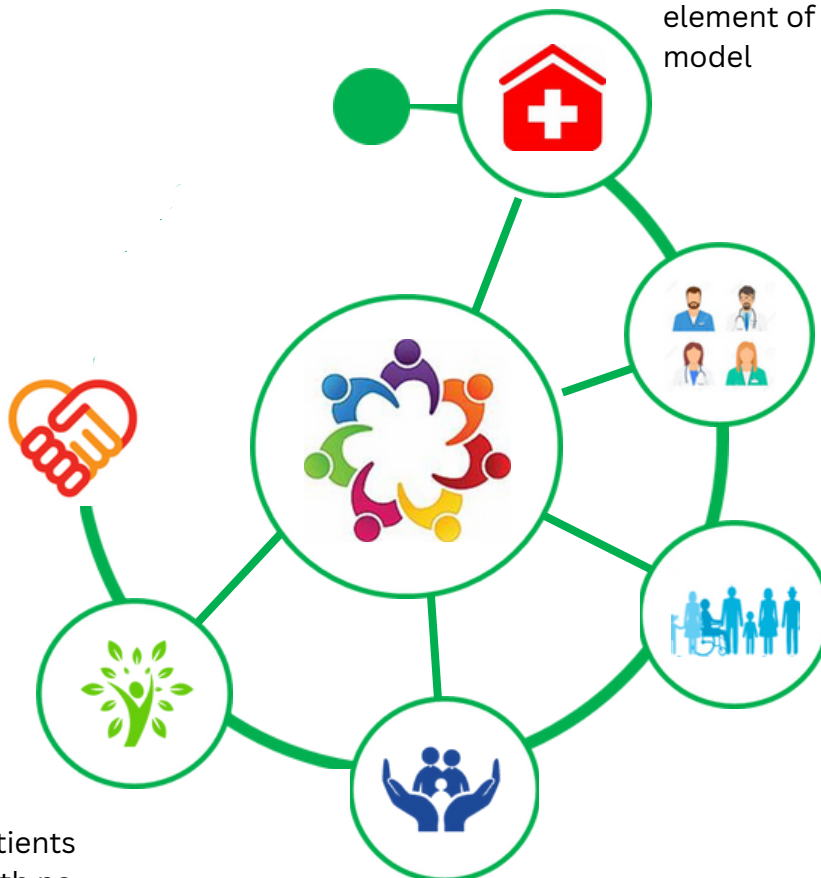
We're delighted to announce that the GPIP MDT High Level Dashboard is now being populated with both EMIS and Vision Data. This means that we now have data available from January 2020 on a continuing basis. This dashboard is the official dataset for MDT and will be refreshed at the beginning of every month.

With good quality data being inputted, this will ensure that the reports produced or dashboards accessed will be as meaningful as possible. Improving the quality of data will be an ongoing process for all teams involved.

Full figures for Quarter 3, 23-24 can be found below:

MDT DATA - AS OF DECEMBER 2023

115 GP practices
currently have an
element of the MDT
model



WTE Staff in Post*:

Mental Health – 68.4
Physiotherapy – 54.7
Social Work – 112.2
Health Visiting – 54.6
District Nursing – 66.9

732,453
patients with
access to MDTs

73%** of patients
managed with no
onward referrals

72,280** patient
contacts

**WTE as at November '23*
*** Source: GPIP Q3 2023-24*

LOCAL AREA NEWS



NHSCT MDT HEALTH VISITING SHARE INFORMATION ON FARM SAFETY!



The MDT Health Visiting staff hosted a stand at a local farm on the North Coast over two days in June 2023 during Open Farm Weekend. The team shared information packs on farm safety to help raise awareness of serious accidents, how to identify risk areas on farms and to help reduce the personal, social and financial costs of accidents. Approx. 500 plus people attended with the age range from young babies/children through to age 60+.

Free resources were also distributed to promote farm safety and prevention of accidents.





The MDTs aim was to deliver 8 x 6 week blocks of appropriate physical activity classes in two designated areas led by GP referral coaches via a community development approach that were quality assessed and evaluated. In Banbridge Leisure Centre we successfully delivered and evaluated 2 x 6 week blocks of Circuits and 2 x 6 week blocks of Chi Me for a total of 56 participants.

Be Connected for Health

Do you find it hard to become more active? Would you like to make a start in a friendly supported environment with qualified Instructors? We can help.



Clanrye Group
Here To Support You

Free 6 Week Programme: Starts Friday 13 January

BANBRIDGE LEISURE CENTRE



Easy Circuits
10AM - 11AM

Suitable for beginners to do at your own pace with a qualified GP referral fitness instructor. A circuits exercise class that will improve your physical activity levels and help you to build strength and flexibility for Healthy joints.

Chi Me
11AM - 12PM

Chi Me - to aid your co ordination and balance. A series of gentle Tai Chi influenced movements, that can be practiced seated or standing. Chi Me is very relaxing and can create a wonderful sense of overall wellbeing and calm




Free Class - Tea/coffee and time to connect.

To book your place, please contact Leanne on 028 308 98119 or email leanne.taylor@clanryegroup.com. Or simply show up to the session and talk to our staff. These classes

Be Connected for Health

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Clanrye Group
Here To Support You

Free 6 Week Programme - Starts Wed 15th March

ANNALONG COMMUNITY HALL



Easy Circuits
10AM - 11AM

Suitable for beginners to do at your own pace with a qualified GP referral fitness instructor. A circuits exercise class that will improve your physical activity levels and help you to build strength and flexibility for healthy joints. Drop in Class, open to all

Step into Spring (Walking Group)
Wednesdays 11AM -12 PM

Suitable for beginners to walk at your own pace with a qualified instructor. Joining a walking group is a great way to improve your physical activity levels and to get out and meet new people. Everyone welcome!




Free Class - Tea/coffee and time to connect.

To book your place, please contact Leanne on 028 308 98119 or email leanne.taylor@clanryegroup.com, or simply show up to the session and talk to our staff. These classes are fully funded by your GP Practice Multidisciplinary Teams.

Be Connected for Health

Do you find it hard to become more active? Would you like to make a start in a friendly supported environment with qualified Instructors? We can help...



Free Local Walking Group - Starts Wed 15th March

ANNALONG WALKING GROUP



'Step into Spring'
Wednesdays 11AM -12 PM
Meet @ Community Hall

Suitable for beginners to walk at your own pace with a qualified instructor. Joining a walking group is a great way to improve your physical activity levels and to get out and meet new people. Everyone welcome!



Free Class -

In Annalong through MDTs we delivered and evaluated 1 x 6 week block of Circuits and 1 x 6 week block of Chair based exercise to a total of 18 participants, we merged these classes for a further 6 weeks and started a walking group for an additional 8 participants. We aimed to engage 80 people in total over both areas with a minimum of 56 participants completing their 6-week block. We managed to engage 84 participants and retain 68 therefore exceeding our targets.



Key Stats



84 Participants enrolled on a programme. 10 of which are male



68

completed their programme



82%

Retention Rate



76%

Of people recorded an improvement in their general health



80%

Of people recorded an improvement in their general wellbeing due to the social opportunity



100%

Of people would like the project to continue.



40% Reported improved fitness



40% Reported increased flexibility



45% Reported improved balance



ANNALONG COMMUNITY CENTRE





DONAGHADEE HEALTH CENTRE ARDS MDT INTERGENERATIONAL CHRISTMAS EVENT



For the second year running the MDT Social Worker and Social Work Assistant facilitated an intergenerational event in Donaghadee. The event consisted of 29 pupils (same class as last year) travelling from Donaghadee Primary School to Copelands Dementia and Residential Unit. There they sang Christmas Carols with 38 of the residents, then supported each other to complete some Christmas Crafts. Following the craft activity, the residents and pupils shared some refreshments and the pupils gave a handmade Christmas card to each resident.

The aim of the event was to re-establish relationships between the children and the residents and to boost the emotional well-being and confidence levels of all attendees. It was also hoped the event would challenge some ageism stereotypes and promote the work of the MDT in Donaghadee Health Centre. The residents, staff and pupils have requested that the event be repeated again next year. When asked what her favourite part of the day was one pupil said; “Meeting a friend (a resident) I met when I visited in P4”. Another pupil with an ASD diagnosis, described it as “the best day of my life”. The residents too were full of praise for the event; with one saying “That was good for my soul.” Another stated; “I’ll have a spring in my step for the rest of the day now.”





CONNECTED PARTNERSHIP WORKINGS FROM THE MDT SW TEAM IN NEWCASTLE WITH SERC

Festive Fun at the Little SERC crèche

Children and families who attend the Little SERC crèche in Newcastle got some lovely surprises in the lead-up to Christmas. On the 14 December, they received not only a visit from Santa, but they also welcomed members of the Newcastle Prescribe Art and Sew 'n' Sew groups, who handed over a beautiful, handcrafted Fireplace backdrop for Santa's Grotto which will be used for many years to come. Many hours of effort and care were put into creating this backdrop, which features a roaring log fire and plenty of Christmas decorations.

These two groups are made up of a bunch of talented locals who take the time to create a wide range of items, have supported other healthcare settings and have even exhibited their work. Sandra King, Senior Social Work Practitioner based in Causeway Surgery, is one of those who have been championing these groups' efforts since their establishment several years ago. She explained that the Prescribe Art group members designed and created the fireplace and backdrop, whilst Sew 'n' Sew members knitted items to decorate it, including a garland, toys and Christmas stockings. The local SERC crèche plan to use the fireplace art piece for their Christmas events in various campus sites in the years years to come.

The event was attended by children & parents who use the Newcastle Campus crèche facility, SERC Staff, the MDT Newcastle SW Team and members of the Prescribe Art and Sew n Sew Groups.

This event demonstrated a great example of co-production and partnership working with involvement from all the stakeholders who ensured the event was a great success for everyone.





The Giving Tree Project

SERC's Staff Association in partnership with the Multi-disciplinary Social Work Team in Newcastle's Causeway and Donard Family Practice also ran an initiative called 'The Giving Tree' on the evening of the 14th December in the Downpatrick SERC Campus. This event was attended by SERC staff and their young families along with various MDT Social Work Teams who represent GP surgeries in the Down locality. Santa was also in attendance and sat next to the handcrafted Fireplace produced by the Prescribe Art group.



Senior Social Work Practitioner Sandra King from Causeway GP practice in partnership with the local SERC Staff Association Team organised the Giving Tree initiative. This initiative was designed to help target social isolation and loneliness during the festive season for older people who reside in the community. Staff and students in SERC were invited to purchase gifts for donations to older people and carers living in the community. The beautifully packaged gifts also contained a Christmas card with a personal message for someone who may be alone, or have limited opportunities for social contact, to let the recipient know that someone was thinking about them during the Christmas season. During this evening event, MDT Social Work Teams based within all surgeries within the Down GP Federation area were presented with the gifts for distribution to the older people and carers living in the community.

✦ The MDT Social Work Teams were overwhelmed at the generosity of students and staff who helped spread some festive cheer and wish to thank everyone in SERC who donated gifts as part of the Giving Tree initiative.

Both events demonstrated how agencies can work together for the good of the community, spreading cheer and goodwill to those who are in need and isolated during the festive season.





BE A SANTA TO A SENIOR DOWN MDT SOCIAL WORKERS

The “Be a Santa to a Senior” is a partnership initiative which is organised by Saintfield GPSW and local domiciliary care provider Home Instead. This is the 3rd consecutive year this initiative has been organised. The management and staff of Home Instead go above and beyond every year to facilitate and prepare beautiful hampers filled with gifts which they donate. These were then delivered by the GPSW team to individuals, from Saintfield Health Centre, who are housebound and have no family over the Christmas period.



A total of 15 hampers were delivered to all the individuals. The GPSW team received wonderful feedback from the individuals who received the hampers, who were so delighted and very grateful.

Resettlement Scheme - Key Workers

In the HSC Interpreting Services article published in our October edition, we advised that under the Resettlement Scheme, individuals/families are allocated a Key Worker to support integration. We would like to clarify that at this point in time the only people arriving under the resettlement scheme are Afghan.

Asylum Seekers, Ukrainians etc do not get allocated a Key Worker. We apologise for any confusion caused.



If you have any Good News Stories from your MDT area that you would like shared in our newsletter, we would love to hear from you!

Contact: emma.mccorin@hscni.net or
lorraine.goodall@hscni.net