

Free e-learning training programme to support brief interventions in smoking, alcohol and physical activity



The Online Brief Intervention Training is now live on the www.medicinesNI.com website (within the 'online courses' section)

This website enables self-registration, allowing registered users access to the online course, post course assessment, and evaluation.

Those successfully completing the MCQ assessment may print a certificate of completion.



Duration: 2 hours

Aim: To equip health professionals with the knowledge, confidence and skills required to deliver an effective brief intervention to specific patients and clients

Having completed this course, you will be able to:

- Comfortably raise the subjects of smoking tobacco, consuming excess alcohol or discuss physical inactivity with patients/clients as part of routine practice
- Assess patient/clients for risk and their motivation to change
- Assist patients/clients to by scheduling an intervention appointment, signposting to relevant support services and/ or providing additional information sources

supporting

**Making Every
Contact Count**

