



# IYNI Training & Support Calendar 2018/19



# Welcome to the IYNI Parenting Programmes Training & Supervision Calendar 2018-19

## What is IYNI?

IYNI is the strategic co-ordination project for the implementation of Incredible Years® programmes across Northern Ireland. The project is managed regionally by the National Children's Bureau (NCB) and supported at local level by Child Development Intervention Co-ordinators (CDICs) based in each of the Health & Social Care Trusts. All of this activity is funded by the Public Health Agency (PHA).

IYNI aims to promote, encourage and support a culture of fidelity and high quality implementation of Incredible Years® programmes.

## Who can apply for training and supervision?

Applications are welcomed from Incredible Years® parenting programme group leaders and their managers as well as those interested in bringing Incredible Years® into their setting. You can apply for places through your local CDICs on a first come, first served basis. Places are limited per Trust area. Some eligibility criteria may apply.

## What other support is available?

As well as the events listed in the calendar, CDICs offer a range of other support packages to agencies delivering/hoping to deliver Incredible Years® programmes. These include:

- **Advice** on deciding if these programmes are right for your service and guidance on what's involved in a high quality implementation
- **A lending library** of programme resources, cameras and tripods. Access to recording equipment is key in unlocking supervision opportunities for staff
- **Group Leader training** with an accredited Mentor to enable your staff to deliver Incredible Years® programmes in your own setting
- **Peer coaching** - IY's guided self-reflection model of supervision for group leaders, based on video observation and linked to enhanced outcomes
- **Accreditation support** – a fantastic CPD opportunity for group leaders which also acts as a quality assurance mechanism by enhancing practice fidelity
- **Peer networking opportunities** with other IY Group Leaders in your area; discussions led by an IY Peer Coach

# At a glance...

## 2018

**Wednesday 3 October**

Measuring Impact & Using Data  
to Improve Outcomes

**Belfast**

**Wednesday 10 October**

Baby Consultation Day

**Belfast**

**Thursday 11 October**

Update Your Skills

**Dungannon**

**Thursday 8 November**

Pre-school Consultation Day

**Antrim**

**Thursday 6 December**

Fidelity Workshop for Managers

**Belfast**

## 2019

**Tuesday 15 January**

Measuring Impact & Using Data  
to Improve Outcomes

**Cookstown**

**Thursday 7 February**

Update Your Skills

**Antrim**

**Thursday 28 February**

Pre-school Consultation Day for  
Accredited Group Leaders

**Belfast**

**Tuesday 26 March**

Regional Practice Sharing Event

**Belfast**

**Thursday 4 April**

Pre-school Consultation Day

**Lisburn**

# Events for ALL IY Parent Group Leaders

## IYNI Regional Practice Sharing Event

This annual event brings IY Group Leaders, Managers and Commissioners together with expert speakers and workshop facilitators to reflect on the implementation journey and successes to date and to plan the next steps on the journey to a sustainable IY infrastructure for Northern Ireland.

**Tuesday 26 March 2019**

09.30 - 15.30

**NICVA, 61 Duncairn Gardens, Belfast BT15 2GB**

*Closing date for applications - 5 March 2019*

# Events for IY Managers & Administrators

## Fidelity Workshop for Managers

A half day workshop on the important role of Managers and Incredible Years practitioners in ensuring outcomes for families through high quality delivery of IY parent programmes. Also open to those considering implementing Incredible Years in their service.

Learning focuses on the YNI Fidelity Framework, an 8 step guide for Managers on sustaining quality implementation over time.

**Thursday 6 December 2018**

09.30 - 13.30

**NICVA, 61 Duncairn Gardens, Belfast BT15 2GB**

*Closing date for applications - 15 November 2018*

## Measuring Impact & Using Data to Improve Outcomes

A full day workshop of hands-on learning for Managers and IY Group Leaders on how to introduce, administer, score and analyse findings from standardised measures (Eyberg Child Behaviour Inventory and Parenting Stress Index). The workshop also explores how data can be used and reported to improve services and outcomes.

**Wednesday 3 October 2018**

10.00 - 16.00

**Play Resource Centre, North  
City Business Centre, 2 Duncairn  
Gardens, Belfast BT15 2GG**

*Closing date for applications -  
12 September 2018*

**Tuesday 15 January 2019**

10.00 - 16.00

**The Burnavon, Burn Road,  
Cookstown BT80 8DN**

*Closing date for applications -  
21 December 2018*

# IY Pre-School Basic & Toddler Parent Group Leaders

## Update Your Skills Day

An informal and supportive training day to 'refresh' training and delivery skills for IY Group Leaders who have yet to deliver and/or those early in their IY delivery journey. This full day training is designed to be a stepping stone to help group leaders continue their journey of delivering with fidelity; start to think about recording their sessions; find out about peer coaching; find out about becoming accredited.

### **Thursday 11 October 2018**

09.30 - 15.30

**The Junction, 12 Beechvalley Way,  
Dungannon BT70 1BS**

*Closing date for applications -  
20 September 2018*

### **Thursday 7 February 2019**

09.30 - 15.30

**Holiday Inn Express, Junction 1  
Leisure Park, 142 Ballymena Road,  
Antrim BT41 4LL**

*Closing date for applications -  
17 January 2019*

## IY Pre-school Basic & Toddler - Consultation Day

A whole group supervision experience where IY Group Leaders bring a 5-10 minute clip of their delivery for self-evaluation and discussion among their peers. This really motivating full day session is led by an IY Mentor and certified by Incredible Years® Seattle.

*Preference will be given to group leaders who are currently recording their deliveries and who are happy to share short clips for review.*

### **Thursday 8 November 2018**

09.30 - 15.30

**Holiday Inn Express, Junction 1  
Leisure Park, 142 Ballymena Road,  
Antrim BT41 4LL**

*Closing date for applications -  
18 October 2018*

### **Thursday 4 April 2019**

09.30 - 15.30

**Lagan Valley Island, Lisburn BT27 4RL**

*Closing date for applications -  
14 March 2019*

## IY Accredited Pre-school Basic & Toddler - Consultation Day

A whole group supervision experience where Accredited IY Group Leaders bring a 5-10 minute clip of their delivery for self-evaluation and discussion among their peers. This really motivating full day session is led by an IY Mentor and certified by Incredible Years® Seattle.

**Thursday 28 February 2019**

09.30 - 15.30

**NICVA, 61 Duncairn Gardens,  
Belfast BT15 2GB**

*Closing date for applications -  
7 February 2019*

*Preference will be given to accredited group leaders who are currently recording their deliveries and who are happy to share short clips for review.*

## IY Baby Parent Group Leaders

### IY Baby Parent Group Leaders - Consultation Day

A whole group supervision experience where IY Group Leaders bring a 5-10 minute clip of their delivery for self-evaluation and discussion among their peers. This really motivating full day session is led by an IY Mentor and certified by Incredible Years® Seattle.

**Wednesday 10 October 2018**

09.30 - 16.00

**NICVA, 61 Duncairn Gardens,  
Belfast BT15 2GB**

*Closing date for applications -  
19 September 2018*

*Preference will be given to group leaders who are currently recording their deliveries and who are happy to share short clips for review.*

# How to Apply

Please contact your local Child Development Intervention Co-ordinator for an application form or to find out more about the support on offer.

Applications should be submitted in advance of the stated closing date.

Places are limited per Trust and some eligibility criteria may apply so early applications are encouraged.

## Child Development Intervention Co-ordinator contact details

### **Belfast HSC Trust - Natalie Killough**

Health Improvement Team, Graham House, Knockbracken Healthcare Park, Saintfield Road, Belfast BT8 8BH

Tel: 028 9504 7894

E-mail: [natalie.killough@belfasttrust.hscni.net](mailto:natalie.killough@belfasttrust.hscni.net)

### **Northern HSC Trust - Jayne Colville**

Health & Wellbeing Team, Spruce House, Ballymena BT43 6HL

Tel: 028 2563 6600 / 075 5734 5995

E-mail: [jayne.colville@northerntrust.hscni.net](mailto:jayne.colville@northerntrust.hscni.net)

### **South Eastern HSC Trust - Joanne Garrett**

Health Development Department, Ards Hospital, Church Street, Newtownards BT23 4AS

Tel: 028 9181 2661 / 077 1505 2939

E-mail: [joanne.garrett@setrust.hscni.net](mailto:joanne.garrett@setrust.hscni.net)

### **Southern HSC Trust - Martina McCooey**

Promoting Wellbeing Department, St Luke's Hospital, Loughgall Road, Armagh BT61 7NQ

Tel: 028 3756 4462 / 077 9545 0278

E-mail: [martina.mccooey@southerntrust.hscni.net](mailto:martina.mccooey@southerntrust.hscni.net)

### **Western HSC Trust - Sheena Funston**

Health Improvement Department, Maple Villa B, Gransha Park, Derry/Londonderry BT47 6WJ

Tel: 028 7186 5127 / 075 8520 9671

E-mail: [sheena.funston@westerntrust.hscni.net](mailto:sheena.funston@westerntrust.hscni.net)