
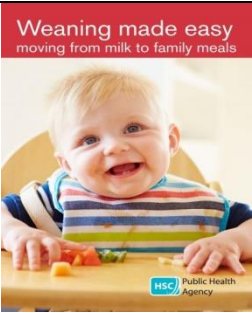

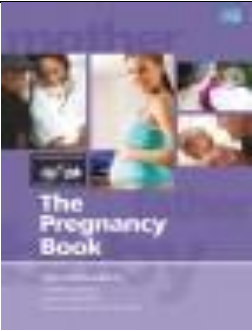
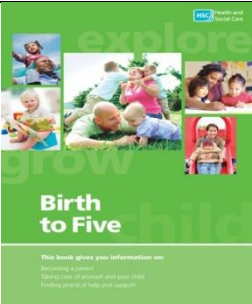


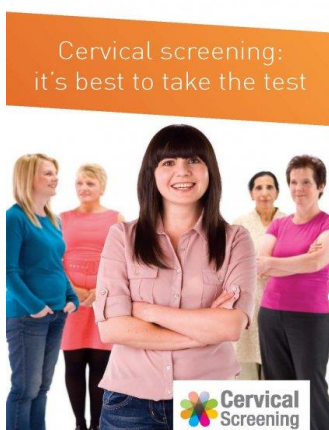
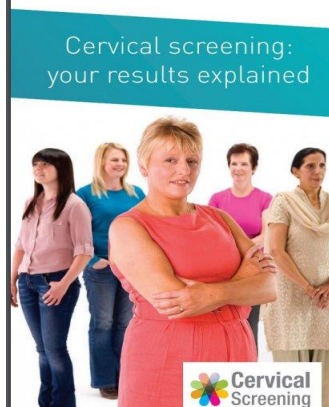


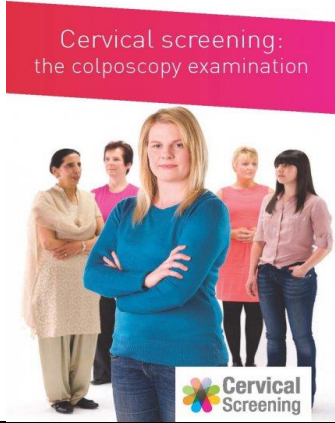
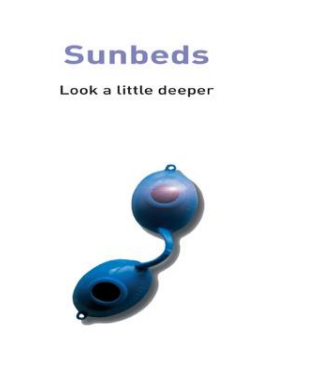


CATEGORY	TITLE	REF CODE
ALCOHOL AND DRUGS		
	Focus on Alcohol	L/AD/01/18
	Mixing – Reduce your harm	L/AD/01/18
	You, Your child and alcohol	L/AD/01/18
No picture available	Alcohol Wheel	L/AD/01/18
	Support leaflet for people who use drugs and alcohol	Low stock

CHILDREN		
	You and your baby neonatal unit leaflet	
	Weaning made easy leaflet	
	Safer Sleeping Sudden Infant Death leaflet	Small quantities
	The Pregnancy book	
	Birth to Five book	

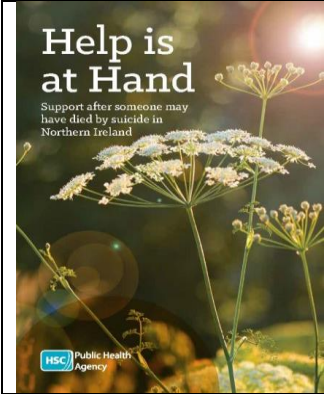
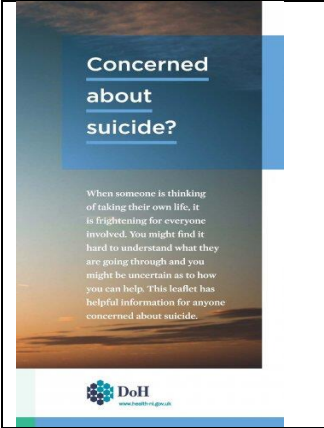
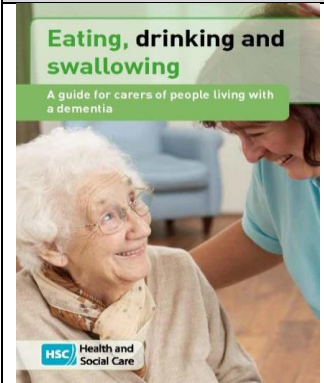

BREASTFEEDING

	Breastfeeding and returning to work	L/BF/01/18
	Promoting BF for mothers returning to work	L/BF/02/18
	Not Sorry Breastfeeding poster	P/BF/03/18
	Grandparents guide to supporting Breastfeeding	L/BF/04/18

 <p>Off to a good start ALL YOU NEED TO KNOW ABOUT BREASTFEEDING YOUR BABY</p>	Off to a good start booklet	LB/BF/04/18 (Waiting on new stock arriving)
BOTTLEFEEDING		
 <p>Bottlefeeding</p> <p>HSC Public Health Agency</p>	Bottlefeeding leaflet	L/BTF/01/18
CANCER PREVENTION & EARLY DETECTION		
 <p>Cervical screening: it's best to take the test</p> <p>Cervical Screening</p>	Cervical Screening – Best to Take the test	L/CP/01/18
 <p>Cervical screening: your results explained</p> <p>Cervical Screening</p>	Cervical Screening – Your Results explained	L/CP/02/18

	Cervical Screening – Colposcopy	L/CP/03/18
	Sunbeds	L/CP/04/18
	Breast Awareness – Looking for Changes	L/CP/05/18
	Breast Awareness – Looking for Changes POSTER	P/CP/06/18

	Breast Cancer leaflet	L/CP/07/19
	Bowel Cancer POSTER	P/CP/08/18
	Ovarian Cancer poster	P/CP/09/19
	Ovarian Cancer leaflet	L/CP/08/19
CONCERNED ABOUT SUICIDE		


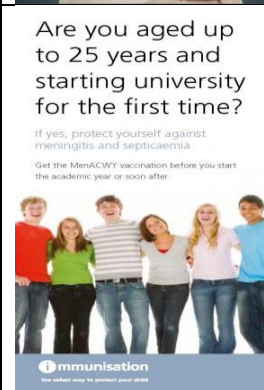
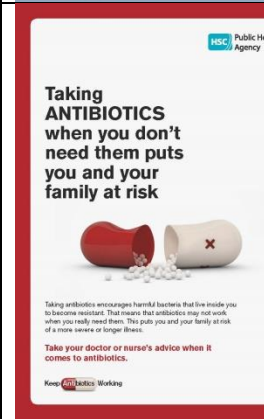
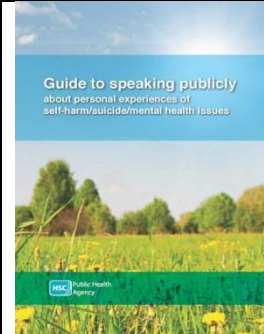
	Help is at Hand	L/CAS/01/18
	Concerned about Suicide	L/CAS/02/18
DEMENTIA / DELIRIUM		
	Eating, Drinking, Swallowing	L/DD/01/18
	Still Me POSTER	P/DD/02/18

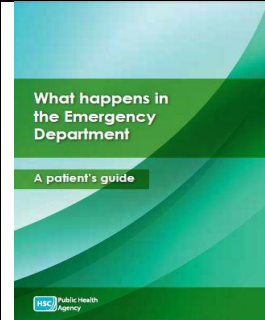
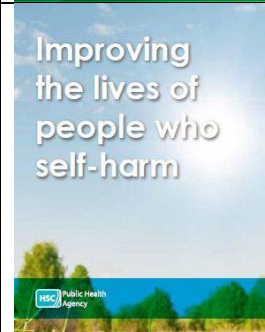
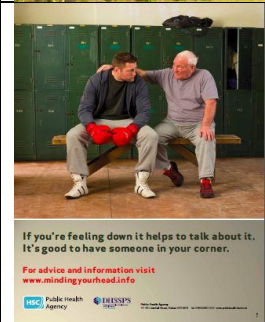


 <p>Communicating effectively with a person living with a dementia</p>		Communicating effectively with Dementia	L/DD/03/18
 <p>Dementia and sight loss</p>		Dementia and Sight Loss	L/DD/04/18
 <p>Dementia Know the signs</p>		Dementia know the signs	L/DD/05/18
 <p>Are you worried about dementia?</p>		Are you worried about Dementia	L/DD/06/18
 <p>Dementia and moving to a care home</p> <p>A guide for those with a dementia and their carers, family and friends</p>		Dementia and Moving to a care home	L/DD/07/18





		Talking about Dementia	L/DD/08/18
		10 Common signs of Dementia	L/DD/09/18
		Sexuality, Relationships and Dementia	L/DD/10/18
		Delirium leaflet	L/DD/11/18
EAT WELL			

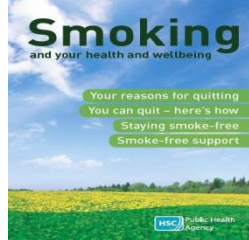


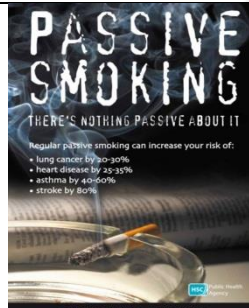


	Enjoy Healthy Eating	L/EW/01/18
	Are you Packing a Healthy Lunch	L/EW/02/18
	Getting a good start	L/EW/03/18
	Is your waistline Creeping up on you	L/EW/04/19
	Male waistline poster	P/EW/01/19

		Female waistline poster	P/EW/02/19
		100 Calories more Leaflet	L/EW/05/19
		Eatwell plate A5 Flyer & A3 Poster	P/EW/03/19
		Vitamin D and you leaflet	L/EW/06/19
IMMUNISATION			
			

		Whooping Cough	
			
		Antibiotics POSTER	
MENTAL HEALTH AND EMOTIONAL WELLBEING			
		Self-harm leaflet	

		Emergency department leaflet	
		Self-harm leaflet	
		Feeling down POSTER	
		Steps to Stress leaflet	
		Help is at Hand leaflet	

	Concerned about Suicide leaflet	
	A-Z Directory of Services ARMAGH area	
PHYSICAL ACTIVITY		
		Currently no stock
		Currently no stock
		
STOP SMOKING		

 <p>Smoking and your health and wellbeing</p> <p>Your reasons for quitting You can quit – here's how Staying smoke-free Smoke-free support</p> <p><small>HSC Public Health Agency</small></p>			Low stock
 <p>Smoking know the facts</p> <p>Smoking causes 90% of all lung cancer</p> <p>Every day more than 6 people die in Northern Ireland from smoking-related illnesses</p> <p>Before you start to smoke, you are 3 times more likely to die from heart disease</p> <p>Smoking increases the risk of blindness</p> <p>Quitting smoking for 1 year reduces the risk of a heart attack to about half that of a smoker</p> <p>Not smoking for 14 years and you've saved £34,000</p> <p><small>HSC Public Health Agency</small></p>			
 <p>stopping smoking made easier</p> <ul style="list-style-type: none"> CHECKLIST Do you really want to stop? WILL POWER You have more than you think NICOTINE REPLACEMENT THERAPY Which one is for you? HELP AND ADVICE Who to contact for support <p><small>HSC Public Health Agency</small></p>			Low stock
 <p>PASSIVE SMOKING THERE'S NOTHING PASSIVE ABOUT IT</p> <p>Regular passive smoking can increase your risk of:</p> <ul style="list-style-type: none"> lung cancer by 20-30% heart disease by 25-35% asthma by 40-60% stroke by 80% <p><small>HSC Public Health Agency</small></p>			
 <p>Serious about quitting smoking?</p> <p>Then take the first step and order your free Quit Kit today!</p> <p>Quit Kit</p> <p>Visit www.want2stop.info</p> <p>Never give up on giving up!</p> <p><small>HSC Public Health Agency</small></p>			
 <p>Give your baby a breather</p> <p>help and advice on giving up smoking during pregnancy</p>			