

Southern Health and Social Care Trust

Number of Referrals Received - Accepted and Rejected

N.B. Referral data for 2025/26 has not been validated on EPIC and therefore is unavailable.

The most common reasons for referral rejections are:
AMHS DIAGNOSTIC SERVICE NOT AV. REFER TO
OTHER SPECIALIST SERV AND DOES NOT MEET
CRITERIA

Adult Mental Health (NIMH)

Total yr 22/23	Mental Health Services delivered by Multi-disciplinary Teams		
	Referrals Received	Accepted	Rejected
	5667	5464	203
	632	472	160
	262	204	61
	38	17	14
	152	124	28
	2069	1801	268
	80	26	54
	8613	8105	808

Adult Mental Health (NIMH)

Total yr 23/24	Mental Health Services delivered by Multi-disciplinary Teams		
	Referrals Received	Accepted	Rejected
	6101	5517	584
	655	496	249
	321	278	52
	21	11	10
	139	122	17
	2241	1927	314
	198	82	116
	9606	8343	1343

Adult Mental Health (NIMH)

Total yr 24/25	Mental Health Services delivered by Multi-disciplinary Teams		
	Referrals Received	Accepted	Rejected
	5279	5302	469
	1512	1469	246
	425	328	97
	36	22	13
	112	90	22
	2166	1723	444
	164	61	121
	10192	8681	1511

Adult Mental Health (NIMH)

Apr '25	Mental Health Services delivered by Multi-disciplinary Teams		
	Referrals Received	Accepted	Rejected
	488	241	4
	257	231	26
	32	26	4
	0	0	0
	13	12	1
	169	132	37
	14	6	8
	733	653	90

NON-IMPATIENT PSYCHOLOGICAL THERAPY (NPT)

Total year 22/23	Referrals Received		
	Accepted	Rejected	
	588	496	92
	0	0	0
	8	7	1
	0	0	0
	122	78	44
	0	0	0
	122	78	44
	176	161	15
	220	164	36
	0	0	0
	54	54	0
	82	75	7
	1260	1055	195

NON-IMPATIENT PSYCHOLOGICAL THERAPY (NPT)

Total year 23/24	Referrals Received		
	Accepted	Rejected	
	504	402	102
	0	0	0
	0	0	0
	0	0	0
	318	208	110
	0	0	0
	318	208	110
	205	198	9
	230	205	25
	0	0	0
	129	91	36
	105	77	28
	1491	1161	310

NON-IMPATIENT PSYCHOLOGICAL THERAPY (NPT)

Total year 24/25	Referrals Received		
	Accepted	Rejected	
	337	304	33
	0	0	0
	0	0	0
	0	0	0
	374	302	71
	0	0	0
	374	303	71
	184	153	11
	249	229	20
	0	0	0
	264	238	26
	152	120	32
	1540	1347	193

NON-IMPATIENT PSYCHOLOGICAL THERAPY (NPT)

Apr '25	Referrals Received		
	Accepted	Rejected	
	43	28	15
	0	0	0
	0	0	0
	0	0	0
	24	18	6
	0	0	0
	24	18	6
	13	14	-1
	8	5	3
	0	0	0
	29	26	1
	9	8	1
	105	101	25

CAMHS

Year	Referrals Received		
	Accepted	Rejected	
2022/23	3261	2277	984
2023/24	2006	2364	862
2024/25	3061	2061	1000

Southern Health and Social Care Trust

Average and Median Days Waiting

Adult Mental Health

Service	Average of Days waiting
ADDICTIONS	
2022/23	50
2023/24	47
2024/25	41
ADULT EATING DISORDER	
2022/23	44
2023/24	30
2024/25	27
FORENSICS	
2022/23	19
2023/24	15
2024/25	11
PERSONALITY DISORDER	
2022/23	18
2023/24	17
2024/25	23
PMHC	
2022/23	53
2023/24	68
2024/25	60
PSYCHIATRY OF OLD AGE	
2022/23	35
2023/24	34
2024/25	48
SUPPORT & RECOVERY	
2022/23	47
2023/24	57
2024/25	40

Service	Median Day
ADDICTIONS	
2022/23	59
2023/24	38
2024/25	23
ADULT EATING DISORDER	
2022/23	51
2023/24	29
2024/25	24
FORENSICS	
2022/23	24
2023/24	15
2024/25	9
PERSONALITY DISORDER	
2022/23	14
2023/24	14
2024/25	24
PMHC	
2022/23	15
2023/24	15
2024/25	19
PSYCHIATRY OF OLD AGE	
2022/23	23
2023/24	22
2024/25	23
SUPPORT & RECOVERY	
2022/23	36
2023/24	43
2024/25	33

Psychology Services

Service	Average of Days waiting
ABIRT	
2022/23	30
2023/24	37
2024/25	34
ADULT LEARNING DISABILITY PSYCHOLOGY	
2022/23	184
2023/24	278
2024/25	257
COGNITIVE BEHAVIOURAL THERAPY SERVICE	
2022/23	370
2023/24	368
2024/25	244
PSYCHOLOGY SERVICES	
2022/23	390
2023/24	330
2024/25	657
STEPS TO WELLNESS	
2022/23	98
2023/24	37
2024/25	47

Service	Median Day
ABIRT	
2022/23	29
2023/24	36
2024/25	33
ADULT LEARNING DISABILITY PSYCHOLOGY	
2022/23	183
2023/24	311
2024/25	293
COGNITIVE BEHAVIOURAL THERAPY SERVICE	
2022/23	380
2023/24	333
2024/25	240
PSYCHOLOGY SERVICES	
2022/23	445
2023/24	317
2024/25	461
STEPS TO WELLNESS	
2022/23	107
2023/24	24
2024/25	37

CAMHS

Year	Average of Days waiting
CAMHS - EATING DISORDERS	
22/23	36
23/24	29
24/25	35
STEP 2	
24/25	41
STEP 2 ARMAGH & DUNGANNON	
22/23	42
23/24	54
24/25	47
STEP 2 CRAIGAVON & BANBRIDGE	
22/23	52
23/24	63
24/25	60
STEP 2 NEWRY & MOURNE	
22/23	42
23/24	59
24/25	63
STEP 3-4 ARMAGH & DUNGANNON	
22/23	43
23/24	7
STEP 3-4 ASSESSMENT SERVICE	
22/23	49
23/24	48
24/25	41
STEP 3-4 CRAIGAVON & BANBRIDGE	
22/23	48
24/25	8
STEP 3-4 NEWRY & MOURNE	
22/23	42
24/25	49

Service	Median Day
CAMHS - EATING DISORDERS	
22/23	38
23/24	28
24/25	28.5
STEP 2	
24/25	41
STEP 2 ARMAGH & DUNGANNON	
22/23	42
23/24	58
24/25	49
STEP 2 CRAIGAVON & BANBRIDGE	
22/23	55
23/24	61
24/25	49
STEP 2 NEWRY & MOURNE	
22/23	43
23/24	92
24/25	60
STEP 3-4 ARMAGH & DUNGANNON	
22/23	50
23/24	7
STEP 3-4 ASSESSMENT SERVICE	
22/23	56
23/24	56
24/25	45
STEP 3-4 CRAIGAVON & BANBRIDGE	
22/23	56
24/25	8
STEP 3-4 NEWRY & MOURNE	
22/23	48
24/25	49

Autism and ADHD

Service	Average of Days waiting
ADULT AUTISM DIAGNOSTIC SERVICE	
2023/24	1713
2024/25	2321
CAMHS - ADHD TEAM	
2022/23	165
2023/24	323
2024/25	307

Service	Median Day
ADULT AUTISM DIAGNOSTIC SERVICE	
2023/24	2425
2024/25	2479
CAMHS - ADHD TEAM	
2022/23	230
2023/24	358
2024/25	243

Southern Health and Social Care Trust
Number of individuals removed from a Waiting list before Treatment.

Adult Mental Health	Count of Paris ID Removed from WL
Row Labels	
ADULT EATING DISORDER SERVICE	85
2022/23	32
2023/24	29
2024/25	24
COMMUNITY ADDICTIONS DUAL DIAG	3
2022/23	1
2023/24	1
2024/25	1
COMMUNITY ADDICTIONS TEAM	3029
2022/23	1050
2023/24	994
2024/25	985
FORENSIC SERVICE	9
2022/23	6
2023/24	3
PERSONALITY DISORDER	13
2022/23	3
2023/24	7
2024/25	3
PMHC ARMAGH & DUNGANNON	782
2022/23	272
2023/24	261
2024/25	219
PMHC CRAIGAVON & BANBRIDGE	1302
2022/23	411
2023/24	534
2024/25	357
PMHC NEWRY & MOURNE	704
2022/23	230
2023/24	296
2024/25	179
PSYCHIATRY OF OLD AGE A&D	43
2022/23	16
2023/24	16
2024/25	11
PSYCHIATRY OF OLD AGE C&B	27
2022/23	15
2023/24	6
2024/25	6
PSYCHIATRY OF OLD AGE N&M	21
2022/23	6
2023/24	3
2024/25	12
SUPPORT & RECOVERY A&D	74
2022/23	35
2023/24	21
2024/25	18
SUPPORT & RECOVERY N&M	83
2022/23	17
2023/24	14
2024/25	22
SUPPORT & RECOVERY C&B	40
2022/23	6
2023/24	9
2024/25	25
Grand Total	6156

PSYCHOLOGY SERVICES	Count of Paris ID removed from WL
Service	
ABIRT	162
2022/23	29
2023/24	47
2024/25	86
ADULT LEARNING DISABILITY PSYCHOLOGY	119
2022/23	34
2023/24	51
2024/25	34
COGNITIVE BEHAVIOURAL THERAPY SERVICE	927
2022/23	241
2023/24	274
2024/25	412
PSYCHOLOGY SERVICES	110
2022/23	25
2023/24	9
2024/25	77
STEPS TO WELLNESS	3754
2022/23	1087
2023/24	1216
2024/25	1451
Grand Total	5072

CAMHS	Count of Paris ID removed form WL
Service	
CAMHS - EATING DISORDERS	
21/22	14
22/23	4
23/24	12
24/25	10
ID CAMHS	
21/22	1
22/23	4
STEP 2	
24/25	7
STEP 2 ARMAGH & DUNGANNON	
21/22	96
22/23	71
23/24	63
24/25	68
STEP 2 CRAIGAVON & BANBRIDGE	
21/22	82
22/23	81
23/24	70
24/25	92
STEP 2 NEWRY & MOURNE	
21/22	59
22/23	96
23/24	121
24/25	109
STEP 3-4 ARMAGH & DUNGANNON	
21/22	77
22/23	59
23/24	2
STEP 3-4 ASSESSMENT SERVICE	
22/23	119
23/24	256
24/25	182
STEP 3-4 CRAIGAVON & BANBRIDGE	
21/22	110
22/23	70
23/24	1
STEP 3-4 NEWRY & MOURNE	
21/22	71
22/23	98
23/24	2
24/25	1
Grand Total	2064

Southern Health and Social Care Trust

Current Waiting Times as at 05 May 2026

Adult Mental Health

Row Labels	0-3 Weeks	>3-6 Weeks	>6-9 Weeks	>9-13 Weeks	>13-18 Weeks	>18-26 Weeks	>26-39 Weeks	Grand Total
Adult Mental Health	257	119	103	115	114	190	25	929
Grand Total	257	119	103	115	114	196	25	929

Psychological Therapies

Row Labels	0-3 Weeks	>3-6 Weeks	>6-9 Weeks	>9-13 Weeks	>13-18 Weeks	>18-26 Weeks	>26-39 Weeks	>39-52 Weeks	>52 Weeks	Grand Total
Psychological Therapies	331	92	53	50	54	33	33	31	136	813
Grand Total	331	92	53	50	54	33	33	31	136	813

CAMHS

Row Labels	0-3 Weeks	>3-6 Weeks	>6-9 Weeks	Grand Total
Children and Adolescent Mental Health Services (CAMHS)	147	107	102	356
Grand Total	147	107	102	356

SOUTHERN HEALTH AND SOCIAL CARE TRUST

NUMBER OF NEW (INCLUDING UNPLANNED) EMERGENCY DEPARTMENT ATTENDANCES BY, ARRIVAL FISCAL YEAR AND DEPARTMENT NAME FOR MENTAL HEALTH ATTENDANCES*
BASED ON ARRIVAL DATE BETWEEN 01/04/2022 AND 31/03/2026

Notes:
* Attendances relating to 'Mental Health' have been identified as: **DIAGNOSTIC GROUP** - DELIBERATE SELF HARM/PSYCHIATRIC OR **DEPARTURE METHOD** = IMMEDIATE PSYCHIATRIC / CARD BEFORE YOU LEAVE OR KEY WORDS WITHIN THE TRIAGE TEXT - HANG / SUICIDAL /SUC / SUICIDE / SELFHARM / DELIBERATE / OVERDOSE / O/D / ATTEMPT / DEPRESSION / DEPRESSED / MENTAL / PSHCY / LACERATION

Arrival Fiscal Year	CRAIGAVON AREA HOSPITAL	DAISY HILL	SOUTH TYRONE HOSPITAL	Grand Total
FY2022/2023	3000	1908	9	4917
FY2023/2024	2739	1932	5	4676
FY2024/2025	2730	1817	7	4554
FY2025/2026	279	209		488
Grand Total	8748	5866	21	14635

Southern Health and Social Care Trust

We have 84 commissioned Adult Mental Health inpatient Beds

Average Occupancy of Adult Mental Health Wards in Bluestone , Excluding Rosebrook Ward (PICU)
24/25 102%
23/24 101%
22/23 107%

<5 Patients under 18 were admitted to a Mental Health inpatient bed during 2023/24.