

FOI 3779

18th May 2026

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

Question: Please provide information on all pain relief options that your Trust routinely offers to patients who are undergoing a hysteroscopy procedure

Response: The Trust routinely provides the following pain management options, depending on the clinical setting and individual patient needs:

1. Theatre Setting (Operating Theatre):

For hysteroscopy procedures performed in theatre, patients may receive:

- General anaesthesia
- Regional anaesthesia
- Sedation administered by an anaesthetist
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The choice of anaesthesia is determined through clinical assessment and discussion between the patient and the clinical team.

2. Outpatient Department Setting:

For hysteroscopy procedures performed in an outpatient setting, the following options are routinely available:

- Simple oral analgesia, with patients advised to take this prior to their appointment
- Entonox (nitrous oxide and oxygen gas)
- Local anaesthetic
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These options aim to provide appropriate pain relief while supporting a safe and efficient outpatient procedure.

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