

FOI 3805

18th June 2026

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

Under the Freedom of Information Act (2000), please provide the following data regarding Child and Adolescent Mental Health Services (CAMHS) for the calendar years 2018 and 2025/26 (most recent available data):

1. What was the average (mean and median) number of weeks a patient under the age of 18 waited between *their initial CAMHS assessment (first contact)* and *the commencement of their psychological therapy/treatment (second contact)*?

If this specific data is not centrally recorded, please provide the number of under-18 patients currently recorded as having had an initial assessment but who are still waiting to be assigned a therapist or begin a treatment plan.

Response:

Year	Service	Average wait to 2nd appointment [in weeks]	Median to 2nd appointment [in weeks]
2018	CAMHS – STEP 2	3	8
	CAMHS – STEP 3	3.5	12
	CAMHS EATING DISORDER	1.1	1
	ID CAMHS	7.1	7
	ICAMHS	3	3

Year	Service	Average wait to 2nd appointment [in weeks]	Median to 2nd appointment [in weeks]
2025	CAMHS – STEP 2	3.8	8.5
	CAMHS – STEP 3	5.4	13
	CAMHS EATING DISORDER	1.5	3
	ID CAMHS	5.4	5.5
	ICAMHS	5.5	6

Year	Service	Average wait to 2nd appointment [in weeks]	Median to 2nd appointment [in weeks]
2026 [please note data up until 31/05/2026]	CAMHS – STEP 2	3.4	6
	CAMHS – STEP 3	4.1	6.5
	CAMHS EATING DISORDER	1.4	1.5
	ID CAMHS	5	5
	ICAMHS	2.9	3

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