

FOI 3820

29th June 2026

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

In the last 6 months (December 25- May 26, please confirm if any Mental Health services have been outsourced:

If yes, please confirm:

- The service provided E.G ADHD, Autism etc (please provide breakdown for each service if applicable and include any alternative services such as yoga, pilates etc)**
- The name of the company each service was outsourced to**
- Is there a contract in place and the length of contract for each service provided (if applicable)**
- The value of each service in the last 6 months**

Please confirm how this contract was procured E.G Tender, Direct Award etc

Please provide an email and contact name within the outsource provider

Response:

This is a nil response from Adult Mental Health: no services have been outsourced.

Children and Young People's Service can confirm from December 2025 to May 2026 Autism Services have not outsourced any Mental Health Services.

If Mental Health support is required for a child/young person attending Autism Services, there is a pathway for referral into CAMHS within the Southern Trust.

CAMHS have not outsourced any mental health services for the period December 2025 to May 2026.

Email: Foi.Team@Southerntrust.hscni.net