

FOI 3868

23rd July 2026

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

Under the Freedom of Information Act 2000, I would like to request the following information:

1. Please provide your total annual spend (for each of the last three financial years, FY23/24, FY24/25, FY25/FY26) on ADHD and Autism assessments, broken down by:

- a. Total annual spend by third party private provider* and in-house (NHS) provision

Response: Please note total spend in table below is for Children and Young Peoples (CYP) ADHD and Autism Services in each financial year, the sum listed includes pay and goods.

	Financial Year SHSCT Total Spend		
	2023/24	2024/25	2025/26
	£'m	£'m	£'m
Autism	1.85	2.49	2.64
ADHD	0.09	0.09	0.15
Total	1.94	2.59	2.79

Response: Please note total spend in table below is for Adult Services.

Annual expenditure for adult In-House autism assessment is provided in Table 1.

The Southern HSC Trust is not commissioned to provide adult ADHD services therefore no costing information is available.

Table 1 Financial Year	Total Annual Expenditure In House autism assessment £000's
M12 March 2023/24	90
M12 March 2024/25	205

M12 March 2025/26	264
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- b. For each third party private provider / in-house (NHS) provision, total annual spend by assessment type (ADHD / Autism)**

Response: The SHSCT does not contract private providers for the assessment or diagnosis of children with Autism or ADHD. The Southern HSC Trust does not commission third party private providers for Adult Autism or ADHD assessments. The Southern HSC Trust is not commissioned to provide adult ADHD services therefore no costing information is available.

2. Please provide your total number of patients (for each of the last three financial years, FY23/24, FY24/25, FY25/FY26) on ADHD and Autism assessments, broken down by:

- a. Total number of patients assessed by third party private provider* and in-house (NHS) provision**

Response: (CYP Response)

Year	Total number assessed
2023/24	1336
2024/25	1073
2025/26	***

****The SHSCT are unable to provide data for 2025/26 due to the implementation of a new electronic healthcare system*

Response: Adult Services

- The Southern Health & Social Care Trust does not provide assessments for adult ADHD.
- The Southern Health & Social Care Trust) does not contract with private providers for assessment or diagnosis of adult Autism or ADHD.
- The SHSCT (Southern Health & Social Care Trust) provided the following in-house assessments for adult autism:
 - 2023/2024: 14 patients
 - 2024/2025: 24 patients
 - 2025/2026: 78 patients
- Southern Health & Social Care Trust provided approximately 126 new consultations for adults with autism known to mental health services (approximately 42 new consultations per year).

- b. For each third-party private provider / in-house (NHS) provision, total number of patients assessed by assessment type (ADHD / Autism)**

Response: The SHSCT does not contract private providers for the assessment or diagnosis of children with Autism or ADHD

2023/24 we assessed 1068 CYP for Autism

2024/25 we assessed 785 CYP for Autism

2023/24 we assessed 268 CYP for ADHD

2024/25 we assessed 288 CYP for ADHD

2025/26 data is unavailable due to the new electronic system and data not being validated.

Response: Adult Services:

- The Southern Health & Social Care Trust provided 116 assessments in-house for adult autism in total between 2023/2024 to 2025/2026.
- The Southern Health & Social Care Trust provided no assessments in-house for adult ADHD in total between 2023/2024 to 2025/2026.
- The Southern Health & Social Care Trust does not contract with private providers for assessment or diagnosis of adult Autism or ADHD.

3. For each third-party private provider, please indicate the contract type (block / activity-based), start date and end date

Please include volumes from NHS Trusts within your ICB that may deliver these services, and also third party private providers (or indicate if this is not possible) FY is defined as a year starting in April and ending in March. For example, FY23/24 starts on 1 April 2023 and ends on 31 March 2024.

If exact spend by provider is not disclosable, please provide spend in bands (e.g., <£0.5m; £0.5–1m; £1–2m; £2–5m; >£5m) or top 5 providers plus 'all others'

***Third-party private providers** Refers to independent, non-NHS organisations contracted to deliver ADHD and / or Autism services. These providers operate outside of NHS Trusts / ICBs / Health Boards and typically deliver services such as assessments, prescribing, post-diagnostic support, and therapy. Examples may include (but are not limited to) ADHD 360, Psychiatry UK, Clinical Partners, and Evolve Psychology. These providers may deliver services under direct contracts with the ICB, via framework agreements, or under the NHS Right to Choose pathway.

Response: The Southern Health & Social Care Trust does not contract private providers for the assessment or diagnosis of children with Autism or ADHD. The SHSCT does not contract with private providers for assessment or diagnosis of adult Autism or ADHD.

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