



Breastfeeding Support Groups in the Southern Trust

Greater Banbridge Area

STAR SURESTART

Wendy Ryan – Tel: 028 40622475
Greater Banbridge Area 'Star Surestart' –
2b/c Newry Road Banbridge, BT32 3FH
info@star.surestart@southerntrust.hscni.net
Wednesday 11.45 – 13.00

Blossom Surestart, Portadown

Kathleen Creaney – Tel: 028 38337455
Siobhan McConville, Health Visitor
Wednesday 12.30 – 13.30

Clogher Valley Surestart

Spring Centre, Augher
Carol McMahon, Health Visitor –
Tel: 028 85549898
e-mail – info@cloghervalleysurestart.org
Wednesday 10.15 – 11.15

Dungannon and Coalisland Surestart

Breastfeeding Support Group
info@surestartdc.org
To book contact Tel: 028 87729695
Wednesday 10.30 – 12.00 noon

Armagh Breastfeeding Support Group

ARKE SURESTART
Heather Jackson, Health Visitor –
Tel: 028 37518569
Thursday 10.00 – 11.30

Mourne Surestart Breastfeeding Support Group

The Seashell Centre.
18 Newcastle Street Kilkeel BT34 4AF.
Tel: 028 41764718
E-Mail: info@mournesurestart.com
Tuesday 9.30 – 11.00

Newry Surestart Breastfeeding Support Group

Newry Leisure Centre, Training Room
Contact Sandra Hewitt, Tel: 028 3083 3780
info@newrysurestart.org
Wednesday 10.00 – 11.30

Splash Surestart, Craigavon

To book please contact
Tel: 028 3831 3360
Tuesday 11.30 – 12.30

South Armagh Surestart

BABY CAFÉ

Tel: 023 830830022 or
info@surestartsa.org
Camlough Programme Room
Tuesday 13.30 – 15.00

Breastfeeding Support Group
Camlough Programme Room
Thursday 10.00 – 11.30

Lurgan Breastfeeding Support Group

Lurgan Library 1 Carnegie Street Lurgan
Thursday 10.00 – 12.00.

Your Breastfeeding Peer Volunteer can also support you at your local Trust Group

For details of cross border breast feeding support groups: www.breastfeeding.ie



Sources of Support for Breastfeeding

Daytime 9am - 5pm

Community Midwife

Armagh	028 3756 4974
Banbridge	028 4062 3306
Craigavon/Lurgan/Portadown	028 3833 4400
Dungannon	028 3756 5537
Newry	028 3756 2095

Infant Feeding Lead

Email: breastfeeding.information@southerntrust.hscni.net

Human Milk Bank

028 6362 8333

After 5pm / evening / weekends

Maternity Unit in Craigavon Hospital

2 West 028 3756 1740 / 3756 1741
Midwifery Led Unit 028 3756 1730

Maternity Unit in Daisy Hill Hospital

Maternity Ward 028 3756 2750

Health Visitor

Armagh	028 3752 1575
Banbridge	028 4062 0070
Lurgan	028 3756 0223
Portadown	028 3756 0489
	028 3833 4400
Brownlow	028 3756 2188
Dungannon	028 3756 5516
Newry	028 3756 2095

Websites

www.breastfedbabies.org
www.breastfeeding.nhs.uk
www.laleche.org.uk
www.nct.org.uk

Southern Trust

(Website) Infant Feeding Page:
Infant Feeding | Southern Health &
Social Care Trust (hscni.net)

Helplines

Southern Trust Infant Feeding Helpline	6.00pm - 9.00pm Monday-Friday (Excluding Bank Holidays)	07342 065 152
National Childbirth Trust Helpline	8.00am - 10.00pm	0300 3300771
National Breastfeeding Helpline	8.00am - 10.00pm	0300 1000212
Breastfeeding Network Supporter Line	9.30am - 9.30pm	0300 1000210
La Leche League helpline	8.00am - 11.00pm	0845 1202918

Breastfeeding Peer Support Volunteer Service

This is a telephone service and face to face, volunteer contact is also available to you at the Trusts Breastfeeding Support Groups. For further information please contact your Community Midwife or Health Visitor.

Craigavon Area Hospital

Daisy Hill Hospital

Peer Support Link Worker – Rebecca 07751 732 681

FACEBOOK

www.facebook.com/MourneSurestart

www.facebook.com/Southern Health and Social Care Trust

www.facebook.com/llni

www.facebook.com/Blossom Surestart

www.facebook.com/Newry Surestart

www.facebook.com/Dungannon Surestart

www.facebook.com/ArKe Surestart

www.facebook.com/Splash Surestart

www.facebook.com/Clogher Valley Surestart

www.facebook.com/Surestart South Armagh

Last revised: April 2026