

# Sources of Support for Breast Feeding

## Breast Feeding Support Groups- SHSCT Area

### Portadown

Thursdays, 12 noon – 1pm  
Blossom Surestart, 63 Park Road, Portadown.  
028 38337455

### Banbridge

2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of each month  
11am – 12.30pm  
Star Surestart, 2 Newry Road  
Banbridge. BT32 3HG  
028 40620070

### Portadown La Leche Support Group

4th Saturday of each month  
10.30am – 12 midday  
Killicomaine Jubilee Community centre.  
07968 492012  
For updates - [www.facebook.com/llni](http://www.facebook.com/llni)

### Richhill / Tandragee / Markethill

Wednesdays 10.30am – 12 noon  
Richhill Health Centre, Maynooth Rd.  
028 37563851

### Coalisland

Thursdays, 11am – 12.00 noon  
Lineside Health Centre.  
028 8774 7379

### Newry Sure Start

Thursdays, 10am – 10.30am  
Altnaveigh House, 51 Downshire Road, Newry.  
028 30833780

### South Armagh Camlough Sure Start

4th Wednesday every month  
11am – 12.30 midday  
39 Newtown Road (Cowan's yard)  
028 30860486

### Lurgan

Tuesday 11am – 12 midday  
Room 10  
Lurgan Health and Social Services  
Sloan Street, Lurgan  
028 37560222 or 028 37560223

### Splash Sure Start

Tuesdays, 10am – 10.30am  
Legahory centre, Craigavon.

### Splash Sure Start,

Wednesdays, 10am – 10.30am  
LINKS, 23A Castle Lane, Lurgan.  
028 38313360

### Armagh

Thursdays, 9.30am – 11am  
Arke Sure Start  
Armagh City Shopping Centre, Thomas Street,  
028 37518569

### Dungannon

Wednesdays, 10.30 – 12.00 Noon  
Dungannon & Coalisland Sure Start,  
5 Ballygawley Road, Dungannon.  
028 87729695

### Clogher

Wednesdays, 10.30am – 11.30am  
Sure Start Family Room, Augher.  
028 85549898

### South Armagh Crossmaglen Sure Start

2nd Wednesday every month  
11am – 12.30 midday  
The Square, Crossmaglen.  
028 30860486

### Kilkeel

Tuesdays, 10.30am – 12midday  
The Sea Shell Centre, 18 Newcastle Street.  
028 41764718