

# Organisations Providing Bereavement Support and Information

This list is intended to act as a guide to the range of support and information available both locally and regionally. Inclusion in this list does not necessarily constitute or imply any endorsement or recommendation by the Southern Health and Social Care Trust of that organisation or services.



**Bereaved NI** <https://bereaved.hscni.net/> provides a range of accessible resources for people who are experiencing bereavement and ensure that they have the required information and support for their bereavement journey.

## Brake

*Provides support for people bereaved by road crashes*

Website: <https://www.brake.org.uk/> Helpline : 0808 8000401 Email: [help@brake.org.uk](mailto:help@brake.org.uk)

## Cruse Bereavement Care

*Provide a range of bereavement services for children and adults regardless of how and when the death occurs*

Northern Ireland Regional Office, 10 College Green, Belfast BT7 1LN

Website: [www.cruse.org.uk](http://www.cruse.org.uk) Tel: (028) 90434600 Email: [northern.ireland@cruse.org.uk](mailto:northern.ireland@cruse.org.uk)

### Local Offices:

**Armagh/Dungannon**, Merrion House, 46 The Square, Moy BT71 7SG

Tel: (028) 87784004

**Newry/Mourne**, Office 9, Enterprise House, WIN Business Park, Canal Quay, Newry BT35 6PH

Tel: (028) 30252322

## Cancer Focus NI

*Provides counselling service to patient and relatives pre and post bereavement.*

40-44 Eglantine Avenue, Belfast BT9 6DX

Website: [www.cancerfocusni.org](http://www.cancerfocusni.org) Tel: (028) 90663281 Email: [care@cancerfocusni.org](mailto:care@cancerfocusni.org)

## Family Trauma Centre – Belfast Trust

*Regional service providing specialist treatment of children, young people and families following severe trauma. Referral to the service from General Practitioner, Health Visitor, School, Social Work etc.*

Tel: (028) 90204700

## LIFELINE 0808 808 8000

*Counsellors available 24 hours a day, 7 days a week who are experienced in dealing with issues such as depression, anxiety etc to give you help and support, in confidence.*

Website: [www.lifelinehelpline.info](http://www.lifelinehelpline.info) Tel: 0808 808 8000 Text phone: 18001 0808 808 8000

---

## Links Counselling Service

*Confidential counselling service for bereavement provided in Armagh and Lurgan*

23a Castle Lane, Lurgan BT67 9BD

Website: <https://www.links counselling.com> Tel: (028) 38342825 Email: [info@links counselling.com](mailto:info@links counselling.com)

## Meningitis Now

*Provides a range of support for those affected by meningitis*

Website: [www.meningitisnow.org](http://www.meningitisnow.org) Tel: 0808 801 0388 Email: [helpline@meningitisnow.org](mailto:helpline@meningitisnow.org)

## Marie Curie

*Bereavement support for those bereaved by a terminal illness*

Website: [www.mariecurie.org.uk/help/support/bereavement](http://www.mariecurie.org.uk/help/support/bereavement) Helpline: 0800 090 2309

## Southern Area Hospice

*Provide bereavement support for those whose loved one received hospice care.*

Courtenay Hill, Newry BT34 2EB

Website: [www.southernareahospiceservices.org/](http://www.southernareahospiceservices.org/) Tel: (028) 30287711

## STEP (South Tyrone Empowerment Programme)

*STEP is a community development and training organisation. It offers migrant support including advice and guidance through face to face appointments with bi-lingual staff*

The Junction, 12 Beechvalley Way, Dungannon BT70 1BS

Website: [www.stepni.org](http://www.stepni.org) Tel: (028) 87750211 Email: [info@stepni.org](mailto:info@stepni.org)

## The Samaritans

*Provides confidential emotional support 24 hours per day. They are there for you if you are worried about something, feel upset or confused, or you just want to talk to someone.*

Website: [www.samaritans.org](http://www.samaritans.org) National Helpline Tel: 116123

Craigavon: Tel: (028) 38333555 Newry: Tel: (028) 30266366

## WAY Widowed and Young

*Self help social and support network for those widowed up to the age of 50, and their children*

Website: <https://www.widowedandyoung.org.uk/bereavement-support/>

---

# Supporting Bereaved Parents:

## Aching Arms

*Provides help and support for people who have experienced the heartbreak of losing their baby, during pregnancy, at birth or soon after.*

Website: [www.achingarms.co.uk](http://www.achingarms.co.uk) Tel: 07464508994 Email: [support@achingarms.co.uk](mailto:support@achingarms.co.uk)

## Anam Cara

*An organisation that supports bereaved parents.*

Website: [www.anamcara.ie](http://www.anamcara.ie)

Tel: 353 (0)1 4045378 / Northern Ireland Tel: (028) 95213120 Email: [info@anamcara.ie](mailto:info@anamcara.ie)

---

## Centred Soul (Newry)

A social enterprise which runs a PAILS (Pregnancy & Infancy Loss Support) Group once a month.

Website [www.centredsoul.co.uk](http://www.centredsoul.co.uk) Tel: 07719051393 Email: [info@centredsoul.co.uk](mailto:info@centredsoul.co.uk)

## Child Death Helpline

A Freephone service for all those affected by the death of a child

Website: [www.childdeathhelpline.org.uk](http://www.childdeathhelpline.org.uk) Helpline: 0800 282986

## Compassionate Friends NI

*Support and friendship after the death of a child at any age:*

Helpline: 0345 1232304 Email: [helpline@tcf.org.uk](mailto:helpline@tcf.org.uk) Web: The Compassionate Friends ([tcf.org.uk](http://tcf.org.uk))

## Cradle

*Pregnancy loss charity*

Website: [www.cradlecharity.org](http://www.cradlecharity.org) Tel: 03334434630 Email: [info@cradlecharity.org](mailto:info@cradlecharity.org)

## Feileacain (The Stillbirth and Neonatal Death Association of Ireland)

*Supporting anyone affected by the death of a baby during or after pregnancy (cross border)*

Website: <https://feileacain.ie/> Tel: 00353852496464 Email: [admin@feileacain.ie](mailto:admin@feileacain.ie)

## Joel Baby Loss Charity

*Supporting families through pregnancy and parenting after baby loss (UK)*

Website: <https://joeltcp.org/> Tel: 07591740287

## Life After Loss

*Provide support and information to anyone affected by the loss of a baby.*

Website: [www.lifeafterloss.org.uk](http://www.lifeafterloss.org.uk)

## Little Forget Me Nots Trust

Supporting parents grieving the loss of a child, including pregnancy loss.

Website [www.littleforgetmenotstrust.com](http://www.littleforgetmenotstrust.com)

## The Lullaby Trust

*Provides specialist support for bereaved families and anyone affected by sudden infant death*

Helpline: 0808 8026868 Email: [support@lullabytrust.org.uk](mailto:support@lullabytrust.org.uk) Web: [www.lullabytrust.org.uk](http://www.lullabytrust.org.uk)

## Mariposa Trust

*Provides services and support for people who have lost children at any stage of pregnancy, at birth, or in infancy, be it last week or 60-years ago.*

Website: <https://www.mariposatrust.org/> Tel: 03003231350 Email: [info@mariposatrust.org](mailto:info@mariposatrust.org)

## Miscarriage Association

*Support and information for anyone affected by pregnancy loss*

17 Wentworth Terrace, Wakefield WF1 3QW

Web: [www.miscarriageassociation.org.uk](http://www.miscarriageassociation.org.uk)

Tel: 01924200799 Email: [info@miscarriageassociation.org.uk](mailto:info@miscarriageassociation.org.uk)

## **SANDS (Stillbirth and Neonatal Death Charity)**

*Supporting anyone affected by the death of a baby and promoting research to reduce the loss of babies' lives. Support Group meetings held across NI.*

SANDS Regional Office: Magharee House, 82 Thomas Street, Portadown BT62 3NU

Website: <https://northernireland.sands.org.uk/> Tel: (028) 38392509 NI Helpline 07740993450

## **Tommys**

*Support, care for and champion people, no matter where they may be on their pregnancy journey*

Website: [www.tommys.org](http://www.tommys.org) Tel: 08000147800

## **Twins Trust**

*Support all parents and carers of twins, triplets or more who have died whether it was during or after pregnancy.*

Website: <https://twinstrust.org/bereavement.html>

---

# **Supporting Children:**

## **Barnardos Child Bereavement Support Service**

*Provides advice and support to adult children, young people, their families and carers who have been bereaved*

Advice Line: (028) 90668333 Web: [www.barnardos.org.uk/childbereavementservice](http://www.barnardos.org.uk/childbereavementservice)

## **Barnardos Nova**

*Nova is a Barnardos NI trauma support service providing therapeutic support for children and families affected by psychological trauma*

Website: [www.barnardos.org.uk/nova](http://www.barnardos.org.uk/nova) Tel: (028) 40628758 Email: [ni.nova@barnardos.org.uk](mailto:ni.nova@barnardos.org.uk)

## **Childhood Bereavement UK**

*Supports families and educates professionals when a baby or child is dying or when a child is facing bereavement*

Helpline: 0800 02 888 40 Web: [www.childhoodbereavementnetwork.org.uk](http://www.childhoodbereavementnetwork.org.uk)

## **Winston's Wish**

*Childhood bereavement charity offering practical support and guidance for bereaved children, their families and professionals*

Website: [www.winstonswish.org.uk](http://www.winstonswish.org.uk) Helpline 08088020021 Email: [info@winstonswish.org.uk](mailto:info@winstonswish.org.uk)

---

# Supporting People bereaved through suicide:

## Southern Trust Protect Life Co-ordinator

*Support for families bereaved through suicide*

Tel: (028) 37564461    Mobile: 07825 627133

## The Niamh Louise Foundation

*Provides peer support for people bereaved through suicide.*

32 Coalisland Road, Killybrackey, Dungannon, Co. Tyrone BT71 6LA    Tel: (028) 8775 3327

Email: [info@niamhlouisefoundation.com](mailto:info@niamhlouisefoundation.com)    Web: [www.niamhlouisefoundation.com](http://www.niamhlouisefoundation.com)

## PIPS Hope and Support

*Provides bereavement support services in the Southern Trust area.*

**Newry:** 50 Mill Street, Newry BT34 1AG    Tel: (028) 30266195

**Lurgan:** 41 Union Street, Lurgan, BT66 8EB    Tel: (028) 3831 0151

Email: [info@pipshopeandsupport.org](mailto:info@pipshopeandsupport.org)    Web: [www.pipshopeandsupport.org](http://www.pipshopeandsupport.org)

# Supporting People with Learning Disability or Dementia

## Alzheimer's Society

*Works to improve the quality of life of people affected by Dementia.*

30 Skegoneill Street, Belfast BT15 3JL

Telephone: 028 90664100    Email: [nir@alzheimers.org.uk](mailto:nir@alzheimers.org.uk)    Web: [www.alzheimers.org.uk](http://www.alzheimers.org.uk)

## Mencap

*Supports people with a learning disability and their families in Northern Ireland.*

Web: [www.mencap.org.uk](http://www.mencap.org.uk)

Mencap NI Telephone: (028) 90691351 / NI Learning Disability Helpline: 0808 808 1111

## Macmillan "Easy Read" Resources

*Provides accessible information in simple language and pictures about dying, death and bereavement.*

Web: <https://be.macmillan.org.uk/Downloads/CancerInformation/Easyread/MAC16345What-can-help-you-feel-better-when-someone-dies.pdf>

# Practical Support

## **NI Direct Website - <https://www.nidirect.gov.uk/>**

*Provides helpful advice for families dealing with the death of a relative eg funeral arrangements, registration of death etc.*

## **District Registrars Offices :**

<b>Armagh</b>	The Palace Demesne, Armagh, BT60 4EL	03300561130
<b>Banbridge</b>	Downshire Road, Banbridge BT32 3JY	03300561133
<b>Craigavon</b>	Civic Centre, PO Box 66, Lakeview Road, Craigavon BT64 1AL	03300561131/03300561132
<b>Dungannon</b>	15 Circular Road, Dungannon BT71 6DT	0300 0132132
<b>Newry and Mourne</b>	Newry Town Hall, Bank Parade, Newry BT35 6HR	03301374041

## **Department of Communities:**

<b>Social Security Bereavement Service Team</b>	Freephone 0800 085 2463
<b>Social Security Benefits</b>	Freephone 0800 022 4250

## **Bereavement Register: Web: <https://www.thebereavementregister.org.uk/>**

Registering a relative's details with this site will stop unwanted direct mail being sent to those who have died.

## **Kevin Bell Repatriation Trust: Web: <http://www.kevinbellrepatriationtrust.com/>**

Aims to relieve the financial hardship of bereaved families repatriating the body of loved ones who have died abroad in sudden or traumatic circumstances back to Ireland.

(April 2024)