

Organisations Providing Bereavement Support and Information

This list is intended to act as a guide to the range of support and information available both locally and regionally. Inclusion in this list does not necessarily constitute or imply any endorsement or recommendation by the Southern Health and Social Care Trust of that organisation or services.



Bereaved NI <https://bereaved.hscni.net/> provides a range of accessible resources for people who are experiencing bereavement and ensure that they have the required information and support for their bereavement journey.

Brake

Provides support for people bereaved by road crashes

Website: <https://www.brake.org.uk/> Helpline : 0808 8000401 Email: help@brake.org.uk

Cruse Bereavement Care

Provide a range of bereavement services for children and adults regardless of how and when the death occurs

Northern Ireland Regional Office, 10 College Green, Belfast BT7 1LN

Website: www.cruse.org.uk Tel: (028) 90434600 Email: northern.ireland@cruse.org.uk

Local Offices:

Armagh/Dungannon, Merrion House, 46 The Square, Moy BT71 7SG

Tel: (028) 87784004

Newry/Mourne, Office 9, Enterprise House, WIN Business Park, Canal Quay, Newry BT35 6PH

Tel: (028) 30252322

Cancer Focus NI

Provides counselling service to patient and relatives pre and post bereavement.

40-44 Eglantine Avenue, Belfast BT9 6DX

Website: www.cancerfocusni.org Tel: (028) 90663281 Email: hello@cancerfocusni.org

Evora Hospice (formerly Southern Area Hospice)

Provide bereavement support for those whose loved one received hospice care.

Courtenay Hill, Newry BT34 2EB

Website: <https://evorahospice.org/> Tel: (028) 30287711

Family Trauma Centre – Belfast Trust

Regional service providing specialist treatment of children, young people and families following severe trauma. Referral to the service from General Practitioner, Health Visitor, School, Social Work etc.

Tel: (028) 90204700

LIFELINE 0808 808 8000

Counsellors available 24 hours a day, 7 days a week who are experienced in dealing with issues such as depression, anxiety etc to give you help and support, in confidence.

Website: www.lifelinehelpline.info Tel: 0808 808 8000 Text phone: 18001 0808 808 8000

Links Counselling Service

Confidential counselling service for bereavement provided in Armagh and Lurgan

23a Castle Lane, Lurgan BT67 9BD

Website: <https://www.links counselling.com> Tel: (028) 38342825 Email: info@links counselling.com

Meningitis Now

Provides a range of support for those affected by meningitis

Website: www.meningitisnow.org Tel: 0808 801 0388 Email: helpline@meningitisnow.org

Marie Curie

Bereavement support for those bereaved by a terminal illness

Website: www.mariecurie.org.uk/help/support/bereavement Helpline: 0800 090 2309

STEP (South Tyrone Empowerment Programme)

STEP is a community development and training organisation. It offers migrant support including advice and guidance through face to face appointments with bi-lingual staff

The Junction, 12 Beechvalley Way, Dungannon BT70 1BS

Website: www.stepni.org Tel: (028) 87750211 Email: info@stepni.org

The Samaritans

Provides confidential emotional support 24 hours per day. They are there for you if you are worried about something, feel upset or confused, or you just want to talk to someone.

Website: www.samaritans.org National Helpline Tel: 116123

Craigavon: Tel: (028) 38333555 Newry: Tel: (028) 30266366

WAY Widowed and Young

Self help social and support network for those widowed up to the age of 50, and their children

Website: <https://www.widowedandyoung.org.uk/bereavement-support/>

Supporting Bereaved Parents:

Aching Arms

Provides help and support for people who have experienced the heartbreak of losing their baby, during pregnancy, at birth or soon after.

Website: www.achingarms.co.uk Tel: 07464508994 Email: support@achingarms.co.uk

Anam Cara

An organisation that supports bereaved parents.

Website: www.anamcara.ie

Tel: 353 (0)1 4045378 / Northern Ireland Tel: (028) 95213120 Email: info@anamcara.ie

Child Death Helpline

A Freephone service for all those affected by the death of a child

Website: www.childdeathhelpline.org.uk Helpline: 0800 282986

Compassionate Friends NI

Support and friendship after the death of a child at any age:

Helpline: 0345 1232304 Email: helpline@tcf.org.uk Web: The Compassionate Friends (tcf.org.uk)

Cradle

Pregnancy loss charity

Website: www.cradlecharity.org Tel: 03334434630 Email: info@cradlecharity.org

Feileacain (The Stillbirth and Neonatal Death Association of Ireland)

Supporting anyone affected by the death of a baby during or after pregnancy (cross border)

Website: <https://feileacain.ie/> Tel: 00353852496464 Email: admin@feileacain.ie

Joel Baby Loss Charity

Supporting families through pregnancy and parenting after baby loss (UK)

Website: <https://joeltcp.org/> Tel: 07591740287

Little Forget Me Nots Trust

Supporting parents grieving the loss of a child, including pregnancy loss.

Website www.littleforgetmenotstrust.com

The Lullaby Trust

Provides specialist support for bereaved families and anyone affected by sudden infant death

Helpline: 0808 8026868 Email: support@lullabytrust.org.uk Web: www.lullabytrust.org.uk

Mariposa Trust

Provides services and support for people who have lost children at any stage of pregnancy, at birth, or in infancy, be it last week or 60-years ago.

Website: <https://www.mariposatrust.org/> Tel: 03003231350 Email: info@mariposatrust.org

Miscarriage Association

Support and information for anyone affected by pregnancy loss

17 Wentworth Terrace, Wakefield WF1 3QW

Web: www.miscarriageassociation.org.uk

Tel: 01924200799

Email: info@miscarriageassociation.org.uk

SANDS (Stillbirth and Neonatal Death Charity)

Supporting anyone affected by the death of a baby and promoting research to reduce the loss of babies' lives. Support Group meetings held across NI.

SANDS Regional Office: Magharee House, 82 Thomas Street, Portadown BT62 3NU

Website: <https://northernireland.sands.org.uk/>

Tel: (028) 38392509

NI Helpline 07740993450

Tommys

Support, care for and champion people, no matter where they may be on their pregnancy journey

Website: www.tommys.org

Tel: 08000147800

Twins Trust

Support all parents and carers of twins, triplets or more who have died whether it was during or after pregnancy.

Website: <https://twinstrust.org/bereavement.html>

Supporting Children:

Barnardos Child Bereavement Support Service

Provides advice and support to adult children, young people, their families and carers who have been bereaved

Advice Line: (028) 90668333

Web: www.barnardos.org.uk/childbereavementservice

Barnardos Nova

Nova is a Barnardos NI trauma support service providing therapeutic support for children and families affected by psychological trauma

Website: www.barnardos.org.uk/nova

Tel: (028) 40628758

Email: ni.nova@barnardos.org.uk

Childhood Bereavement UK

Supports families and educates professionals when a baby or child is dying or when a child is facing bereavement

Helpline: 0800 02 888 40

Web: www.childhoodbereavementnetwork.org.uk

Winston's Wish

Childhood bereavement charity offering practical support and guidance for bereaved children, their families and professionals

Website: www.winstonswish.org.uk

Helpline 08088020021

Email: info@winstonswish.org.uk

Supporting People bereaved through suicide:

Southern Trust Protect Life Co-ordinator

Support for families bereaved through suicide

Tel: (028) 37564461 Mobile: 07825 627133

The Niamh Louise Foundation

Provides peer support for people bereaved through suicide.

32 Coalisland Road, Killybrackey, Dungannon, Co. Tyrone BT71 6LA Tel: (028) 87753327

Email: info@niamhlouisefoundation.com Web: www.niamhlouisefoundation.com

PIPS Hope and Support

Provides bereavement support services in the Southern Trust area.

Newry: 50 Mill Street, Newry BT34 1AG Tel: (028) 30266195

Lurgan: 41 Union Street, Lurgan, BT66 8EB Tel: (028) 38310151

Email: info@pipshopeandsupport.org Web: www.pipshopeandsupport.org

Supporting People with Learning Disability or Dementia

Alzheimer's Society

Works to improve the quality of life of people affected by Dementia.

30 Skegoneill Street, Belfast BT15 3JL

Telephone: 028 90664100 Email: nir@alzheimers.org.uk Web: www.alzheimers.org.uk

Mencap

Supports people with a learning disability and their families in Northern Ireland.

Web: www.mencap.org.uk

Mencap NI Telephone: (028) 90691351 / NI Learning Disability Helpline: 0808 808 1111

Macmillan "Easy Read" Resources

Provides accessible information in simple language and pictures about dying, death and bereavement.

Web: <https://be.macmillan.org.uk/Downloads/CancerInformation/Easyread/MAC16345What-can-help-you-feel-better-when-someone-dies.pdf>

Practical Support

NI Direct Website - <https://www.nidirect.gov.uk/>

Provides helpful advice for families dealing with the death of a relative eg funeral arrangements, registration of death etc.

District Registrars Offices :

Armagh	The Palace Demesne, Armagh, BT60 4EL	03300561130
Banbridge	Downshire Road, Banbridge BT32 3JY	03300561133
Craigavon	Civic Centre, PO Box 66, Lakeview Road, Craigavon BT64 1AL	03300561131/03300561132
Dungannon	15 Circular Road, Dungannon BT71 6DT	0300 0132132
Newry and Mourne	Newry Town Hall, Bank Parade, Newry BT35 6HR	03301374041

Department of Communities:

Social Security Bereavement Service Team	Freephone 0800 085 2463
Social Security Benefits	Freephone 0800 022 4250

Bereavement Register: Web: <https://www.thebereavementregister.org.uk/>

Registering a relative's details with this site will stop unwanted direct mail being sent to those who have died.

Kevin Bell Repatriation Trust: Web: <https://kbrtrust.com/>

Aims to relieve the financial hardship of bereaved families repatriating the body of loved ones who have died abroad in sudden or traumatic circumstances back to Ireland.

(August 2025)