

Organisations Providing Bereavement Support and Information

This list is intended to act as a guide to the range of support and information available both locally and regionally. Inclusion in this list does not necessarily constitute or imply any endorsement or recommendation by the Southern Health and Social Care Trust of that organisation or services.

Cruse Bereavement Care

Provide a range of bereavement services for children and adults regardless of how and when the death occurs

Northern Ireland Regional Office, 10 College Green, Belfast BT7 1LN

Tel: (028) 90434600 Email: northern.ireland@cruse.org.uk Web: www.cruse.org.uk

Local Offices:

Armagh/Dungannon, Merrion House, 46 The Square, Moy BT71 7SG

Tel: (028) 87784004

Newry/Mourne, Office 9, Enterprise House, WIN Business Park, Canal Quay, Newry BT35 6PH

Tel: (028) 30252322

Cancer Focus NI

Provides counselling service to patient and relatives pre and post bereavement.

40-44 Eglantine Avenue, Belfast BT9 6DX Tel: (028) 90663281 Email: care@cancerfocusni.org

Web: www.cancerfocusni.org

LIFELINE 0808 808 8000

Counsellors available 24 hours a day, 7 days a week who are experienced in dealing with issues such as depression, anxiety etc to give you help and support, in confidence.

Tel: 0808 808 8000 Text phone: 18001 0808 808 8000 Web: www.lifelinehelpline.info

Links Counselling Service

Confidential counselling service for bereavement provided in Armagh and Lurgan

23a Castle Lane, Lurgan BT67 9BD Tel: (028) 38342825

Email: info@linkscounselling.com Web: <https://www.linkscounselling.com>

Meningitis Now

Provides a range of support for those affected by meningitis

Tel: 0808 801 0388 Email: helpline@meningitisnow.org Web: www.meningitisnow.org

Southern Area Hospice

Provide bereavement support for those whose loved one received hospice care.

Courtenay Hill, Newry BT34 2EB

Tel: (028) 30287711 Web: www.southernareahospiceservices.org/

STEP (South Tyrone Empowerment Programme)

STEP is a community development and training organisation. It offers migrant support including advice and guidance through face to face appointments with bi-lingual staff

The Junction, 12 Beechvalley Way, Dungannon BT70 1BS
Tel:(028) 87750211 Email: info@stepni.org Web: www.stepni.org

The Samaritans

Provides confidential emotional support 24 hours per day. They are there for you if you are worried about something, feel upset or confused, or you just want to talk to someone.

Craigavon: Tel: (028) 38333555 Newry: Tel: (028) 30266366
National Helpline Tel: 116123 Web: www.samaritans.org

Supporting Bereaved Parents:

Anam Cara

An organisation that supports bereaved parents. Monthly meetings held in Armagh.

Tel: 353 (0)1 4045378 / Northern Ireland Tel: (028) 95213120
Web: www.anamcara.ie Email: info@anamcara.ie

Child Death Helpline

A Freephone service for all those affected by the death of a child

Helpline: 0800 282986 / 0808 800 6019 Web: www.childdeathhelpline.org.uk

Compassionate Friends NI

Support and friendship after the death of a child at any age:

Local Helpline Tel (028) 87788016 National Helpline: 0345 1232304 Web: www.tcf.org.uk

Life After Loss

Provide support and information to anyone affected by the loss of a baby.

Web: www.lifeafterloss.org.uk

The Lullaby Trust

Provides specialist support for bereaved families and anyone affected by sudden infant death

Helpline: 0808 8026868 Email: support@lullabytrust.org.uk Web: www.lullabytrust.org.uk

Miscarriage Association

Support and information for anyone affected by pregnancy loss

17 Wentworth Terrace, Wakefield WF1 3QW Tel: 01924200799
Email: info@miscarriageassociation.org.uk Web: www.miscarriageassociation.org.uk

SANDS (Stillbirth and Neonatal Death Charity)

Supporting anyone affected by the death of a baby and promoting research to reduce the loss of babies' lives. Support Group meetings held across NI.

SANDS Regional Office: Magharee House, 82 Thomas Street, Portadown BT62 3NU
Tel: (028) 38392509 NI Helpline 07740993450 Web: <https://northernireland.sands.org.uk/>

Supporting Children:

Barnardos Child Bereavement Support Service

Provides advice and support to adult children, young people, their families and carers who have been bereaved

Advice Line: (028) 90668333 Web: www.barnardos.org.uk/childbereavementservice

Barnardos Nova

Nova is a Barnardos NI trauma support service providing therapeutic support for children and families affected by psychological trauma

Tel: (028) 40628758 Email: ni.nova@barnardos.org.uk Web: www.barnardos.org.uk/nova

Childhood Bereavement UK

Supports families and educates professionals when a baby or child is dying or when a child is facing bereavement

Helpline: 0800 02 888 40 Web: www.childhoodbereavementnetwork.org.uk

Winston's Wish

Childhood bereavement charity offering practical support and guidance for bereaved children, their families and professionals

Helpline 0845 2030405 Email: info@winstonswish.org.uk Web: www.winstonswish.org.uk

Supporting People bereaved through suicide:

Southern Trust Protect Life Co-ordinator

Support for families bereaved through suicide

Tel: (028) 37564461 Mobile: 07825 627133

The Niamh Louise Foundation

Provides peer support for people bereaved through suicide.

32 Coalisland Road, Killybrackey, Dungannon, Co. Tyrone BT71 6LA Tel: (028) 8775 3327

Email: info@niamhlouisefoundation.com Web: www.niamhlouisefoundation.com

PIPS Hope and Support

Provides bereavement support services in the Southern Trust area.

Newry: 50 Mill Street, Newry BT34 1AG Tel: (028) 30266195

Lurgan: Flat 17, Mount Zion House, Edward Street, Lurgan, BT66 6DB Tel: (028) 3831 0151

Email: info@pipshopeandsupport.org Web: www.pipshopeandsupport.org

Supporting People with Learning Disability or Dementia

Alzheimer's Society

Works to improve the quality of life of people affected by Dementia.

Unit 4, Balmoral Business Park, Boucher Crescent, Belfast BT12 6HU

Telephone: 028 90664100 Email: nir@alzheimers.org.uk Web: www.alzheimers.org.uk

Mencap

Supports people with a learning disability and their families in Northern Ireland.

Web: www.mencap.org.uk

Mencap NI Telephone: (028) 90691351 / NI Learning Disability Helpline: 0808 808 1111

Macmillan "Easy Read" Resources

Provides accessible information in simple language and pictures about dying, death and bereavement.

Web: <https://be.macmillan.org.uk/Downloads/CancerInformation/Easyread/MAC16345What-can-help-you-feel-better-when-someone-dies.pdf>

Practical Support

NI Direct Website

Provides helpful advice for families dealing with the death of a relative eg funeral arrangements, registration of death etc.

Web: <https://www.nidirect.gov.uk/>

District Registrars Offices :

Armagh	The Palace Demesne, Armagh, BT60 4EL	028 37529615
Banbridge	Downshire Road, Banbridge BT32 3JY	028 40660614
Craigavon	Civic Centre, PO Box 66, Lakeview Road, Craigavon BT64 1AL	028 38312400
Dungannon	15 Circular Road, Dungannon BT71 6DT	0300 0132132
Newry and Mourne	Newry Town Hall, Bank Parade, Newry BT35 6HR	03301374041

Social Security:

Social Security Bereavement Service Team Freephone 0800 085 2463

Social Security Benefits Freephone 0800 022 4250

Bereavement Register: Web: <https://www.thebereavementregister.org.uk/>

Registering a relative's details with this site will stop unwanted direct mail being sent to those who have died.

Kevin Bell Repatriation Trust: Web: <http://www.kevinbellrepatriationtrust.com/>

Aims to relieve the financial hardship of bereaved families repatriating the body of loved ones who have died abroad in sudden or traumatic circumstances back to Ireland.