

The **Social Health and Personal Experience (SHAPE)** Project was designed by the '1825' Project in January 2005 and is now carried out in partnership with the Southern Health and Social Care Trust.

The SHAPE Project has four distinct areas of interest; Personal Development, Sexual Health and Relationships, Social Development and building self-confidence and self-esteem.

The programme specifically targets young people aged 16 – 25 years with ASD who are marginalised and disadvantaged due to disability and/or other social factors.

SHAPE provides the opportunity for participants to develop qualifications through ASDAN and OCN Level accreditation. These Qualifications can also contribute towards UCAS points awards.

Participants are valued and encouraged to recognise the positive contribution they can make amongst their families, local communities and wider society. They are engaged in development throughout the programme by formal and informal means and build a portfolio of achievement as the programme progresses. Previous participants have fundraised for local charities through hosting a coffee morning and hosting a quiz to raise funds for a local charity.

Enrolment for this intake of the programme is **now open**. The programme is due to take place on **Wednesday's, 10 am – 3pm** in **Brownlow Resource Centre, Craigavon** until June 2017.

If you or someone you work with, **age 16 - 25** would benefit from participation in the SHAPE Programme please contact **ASD CAMHS CONNECT Team** to register your interest and enrol or if you would like further information regarding the SHAPE programme.

ASD CAMHS Connect is part of Autism Services and can be located at Cedarwood, St. Luke's Hospital Site, Loughall Rd., Armagh, BT61 7NQ and by telephone on 028 38 360680.

