

STAFF WELLBEING SUPPORT

Psychology Support Services

Does your mind get hooked by worries about work, family or what's to come?

Are you experiencing a rollercoaster of emotions?

How are you coping with the changes, isolation, loss & uncertainty in our lives?

WE ARE HERE TO HELP

Supportline

For health & wellbeing concerns for all Trust staff, local GP practices, local NIAS staff and Independent Care Providers

Mon-Fri

Sat & Sun

9am-9pm

2pm-6pm

Call us on:

02837562600

