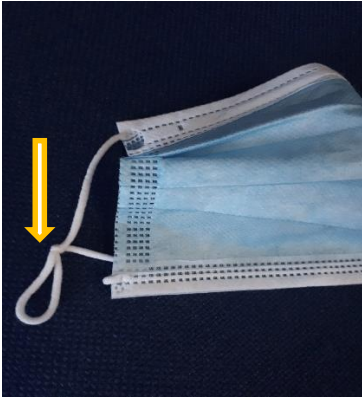


**Tiger Medical MT19392 Surgical Mask - EN14683**  
**Reasonable Adjustment**



**Interim guidance (5<sup>th</sup> May 2020) - Getting a more secure comfortable fit**

The ear loops on this mask can be quite loose so to ensure a more comfortable secure fit to prevent the mask from moving around as you move or speak the following suggestions can help with this:-



Tie a knot in each loop to shorten the loop making sure this knot will not put any pressure on the back of the ear e.g. tie the knot low down so that it falls just below the ear. This will bring the mask closer to the skin.



Alternatively, the ear loops can be twisted in a figure of 8 before placing over the ears.

- A tight fit is not expected. These masks are used to protect the nose and mouth from droplets and not aerosols.
- Pull the mask out to unfold the pleats.
- Place the mask over your chin and nose and the loops behind the ears.
- Mould the nosepiece over the nose.
- When removing the mask, remove carefully and place into a waste bag.
- Carry out hand hygiene after touching the mask.
- If you require to wear eye protection in addition to the mask, a face shield is preferable as goggles may become steamed up.

**If in Doubt Consult Your Infection Prevention Control Team**

**This Interim guidance must be reviewed after 1 week**