

## **Bereavement Support**

- [Bereavement Helpline](#)
- Heart symbols of connection

[Crochet Hearts - Instructions for use](#)

### [Guidance](#)

- Relative Information Pack

[COVID-19 Grief and Bereavement Support Booklet](#)

[COVID-19 Relatives Cover Letter 18.05.20](#)

[Death and Grieving in a care home](#)

[Death during COVID-19 practical guidance](#)

[Death Registration form GR073](#)

[DFC NI Bereavement Service](#)

- Care after death processes

[Appendix 1 Aide Memoires](#)

[Appendix 2 Issuing of MCCDs](#)

[Appendix 3 PHA Notification](#)

[Appendix 4 Transfer procedure](#)

[Appendix 5 Clothing and Valuables](#)

[Appendix 6 Bereavement Follow up referral form](#)

[Flow Charts 18.05.20](#)

- Communication Guides

[Appendix 1 - Aide Memoires](#)

[Helping someone to say goodbye to their dying relative](#)

- Ethnic Community Resources

[BME contact details staff](#)

[Irish Traveller Information Booklet](#)

## [Bereavement Information Booklet: British Sign Language](#)

- [Key Personal Information](#)

## [Bed Information](#)

- [Powerpoint slides](#)

## [Care Homes](#)

- [Resources websites](#)

## [20.05.20](#)

### **Clinical Pathways**

- [Symptom Identification Checklist](#)
- [Letter - The use of oxygen in Primary Care for patients with Covid 19. 24/04/2020](#)
- [Palliative and End of Life Care - Director letter CHS – Palliative care advice for all health care professionals SHSCT. 06/04/2020](#)
- [Community Rapid Response Team: Letter to Care Home Managers from Head of Service Acute Care at Home and Intermediate Care. 27/03/2020](#)
- [Stroke Journey - discharge pack - stroke network April 2020](#)
- [Eating, Drinking and Swallowing during COVID-19 April 2020](#)
- [Instructional Video Unblocking a feeding tube](#)
  
- [Instructional Video - replacing the Y adapter on a Corflo PEG feeding tube](#)
  
- [Instructional Video - How to replace water in a balloon gastrostomy](#)

### **Coronavirus Guidance**

- [Care Home Visiting Guidance](#)
- [HSS\(MD\) 35/2020 - ALERT FOR ALL CLINICAL STAFF: COVID-19 CASE DEFINITION CHANGE GENERAL CASE DEFINITION FOR THE PUBLIC](#)
- [Correspondence regarding the Southern Trust Community Rapid Response Team](#)

### **COVID-19 Accommodation Requests**

- [Poster - Care or Residential Homes](#)
- [COVID-19 Accommodation Request Form](#)

### **COVID-19 Recovery Information**

- [Information to help recovery after COVID-19](#)

### **Dementia Support Information**

- [SOP Memory Service Nursing Home Support](#)
- [Difficulty Remembering](#)

- [Doll Therapy](#)
- [Environmental leaflet](#)
- [Meaningful Activity](#)
- [Pain](#)
- [Personal Care](#)
- [Understanding Behaviours](#)
- [This is Me](#)

## Easy Read Materials

### Coronavirus Leaflet and Posters

- [How to Stay Safe](#)
- [What if you get ill](#)
- [About Coronavirus](#)
- [Coronavirus and Health Issues](#)
- [COVID Enhancing Communication Poster - May 2020](#)

## ECHO

- [ECHO Dysphagia awareness session 10.06.20](#)
- [ZOOM call with Independent care homes 4<sup>th</sup> June](#)
- [COVID-19 Care Home PHA](#)
- [Save the Date Environmental Cleanliness](#)
- [Advance Care Planning](#)
- [Gain](#)
- [Zoom Meeting Nursing Homes](#)
- [COVID NH SOB presentation](#)

## Falls Prevention Service

The team is made up of nursing, Physiotherapy, Occupational Therapy staff and support workers who are experienced in delivery exercise programmes.

We have quite a lot of information on falls prevention, strength and balance exercises in booklets( hard copies and electronic version available), quite a few powerpoint presentations that Louise Mc Elroy has been delivering via Care Home Support Team (CHST). These relate to a range of areas to meet the needs of staff and clients. The falls prevention team and /or the Physiotherapists in ICT can provide practical support in relation to equipment, moving and handling, respiratory care and advice as necessary .

The Falls MD service can provide assessments in the PNH and Strength & Balance exercise programmes, advice on mobility aids etc .

Any queries or support from the MD Falls Prevention Service should go through the Falls Co-ordinator ( Joanne McElmeel ) 028 375-64909, [joanne.mcelmeel@southerntrust.hscni.net](mailto:joanne.mcelmeel@southerntrust.hscni.net)

[Access the Falls toolkit HERE.](#)

## Infection Prevention and Control

- [Letter Environmental Cleanliness HSCB PHA letter](#)
- [An introduction to Amber PPE for a Residential/Nursing Home](#)
- [Community - Amber Zone Donning and Doffing](#)
- [How to wash your hands](#)

### Memory Service Support

- [COVID-19 Draft Visitors Advice](#)
- [BPSD COVID-19 final](#)
- [COVID-19 Delirium Management Guidance](#)
- [BSO RGP Wandering Guidelines 14.04.20](#)
- [Updated FAQs for Care Homes 03.04.20](#)
- [BGS Managing the COVID-19 pandemic in care homes](#)

### Palliative and End of life

- [Guidance for Palliative Care Pack - 10.04.20](#)
- [Advance Care Planning](#)
- [HSCB Urgent Pandemic Pack permitted list](#)
- [Letter to GPs re: Nursing Home Packs - 16.04.20](#)
- [Urgent Pandemic Pack Blank Recording Template](#)
- [Recognising Dying](#)
- [Maintaining Hydration in the last days of life](#)
- [Pain and Medication](#)
- [Symptom Management in Palliative Patients at end of life](#)
- [PCip COVID-19 Briefing 3 \(23.04.20\) and verification of expected death information](#)
- [Syndrome Pump E-learning Programme](#)

The Specialist Palliative Care team has developed a training video on the Regional Palliative Medicine Group Guidelines, for Community staff.

The link below provides some teaching from Dr Caroline McLoughlin, Palliative Medicine Consultant, surrounding Palliative Care in the Covid 19 Pandemic.

It includes the new PHA RPMG Covid 19 Symptom Management in the Last Days of Life Guidelines and tips for communication in these exceptional circumstances The video is 40 mins long but if you would like to go a specific topic please guide below.

[For key sections within this video please see below.](#) This will allow you to go to key topics within the Guidelines.

Key Points:

- Dyspnoea/Pain/Cough  
14.21-21.03

- Agitation/Anxiety/Delirium  
21.04-24.24
- Respiratory Secretions  
24.25-26.44
- Pyrexia  
26.45-28.42
- Communicating/Advanced Care Plan  
28.43-32.35
- Telephone Communication  
32.36-34.09
- After Death Care  
34.10-37.21
- Self Care  
37.22-39.17
- Palliative Care Contacts  
39.50

### **Personal Protective Equipment (PPE)**

- [Message for Independent Care Home Sector](#)
- [PPE Collection arrangements information sheet 27.04.20](#)
- [CAH site map PPE Collection point](#)
- [PPE stock collection form final 27.04.20](#)
- [Tiger Medical Surgical Mask 05.05.20](#)
- [Letter to Providers FFP3](#)

### **Psychology First Aid**

- [Letter to HSC Trust and Council Chief Executives](#)

### **Safeguarding**

- [COVID-19 guide for social workers and occupational therapists supporting adults with learning disabilities and autistic adults](#)

### **Staff Health and Wellbeing**

- [10 Tips to Reduce COVID-19 Anxiety](#)
- [Self-Care Advice for Staff](#)
- [Team Wellbeing Check-in session](#)
- [Compassionate/caring flow poster](#)
- [Psychology contacts poster](#)
- [Staff Wellbeing Support Helpline](#)
- [Health and wellbeing of the adult social care workforce](#)
- For more information, visit the Umatter website [HERE](#)

### **Trust Calls with Independent Care Sector**

- [Minutes of teleconference call with Nursing Residential 26.03.20](#)
- [Minutes of teleconference call with Nursing Residential 01.04.20](#)

- Minutes of teleconference call with Nursing Residential 08.04.20

Care Home teleconference call and Palliative Care Education 22.04.20 11.30am

- Minutes of teleconference meeting 15.04.20
  - RPMG COVID-19 Guidance Final (April 2020)
  - BD Safe-T Intima Straight for Subcutaneous Infection Therapy
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- Minutes of teleconference call with Independent Care Homes 22.04.20