

Activities Resources

- [Arts, crafts and creative activities](#)
- [Cognitive stimulation](#)
- [COVID-19 Carer Activity Guidance Product List PDF](#)
- [COVID-19 Dementia Guidance Help Sheet logo](#)
- [Drama](#)
- [Exercise and physical activities](#)
- [Food and Drink](#)
- [Gardening](#)
- [Musical Activities](#)
- [Outings](#)
- [Relaxation](#)
- [Reminiscence](#)
- [Sensory Activities](#)
- [Social Activities](#)
- [Life history questions](#)
- [Care homes activity Toolkit](#)
- [Maintaining Activities for Older Adults during COVID19](#)
- [Measuring Quality](#)
- [Running Activities](#)
- [NHS sitting exercise](#)
- [NHS-balance-exercise](#)
- [NHS-flexibility-exercise](#)
- [Save the Date - 08.07.2020](#)
- [Enhancing activity programmes in care homes post COVID-19](#)

Bereavement Support

- **Bereavement Helpline**
- Heart symbols of connection

Crochet Hearts – Instructions for use

Guidance

- Relative Information Pack

COVID-19 Grief and Bereavement Support Booklet

COVID-19 Relatives Cover Letter 18.05.20

Death and Grieving in a care home

Death during COVID-19 practical guidance

Death Registration form GR073

DFC NI Bereavement Service

- Care after death processes

Appendix 1 Aide Memoires

Appendix 2 Issuing of MCCDs

Appendix 3 PHA Notification

Appendix 4 Transfer procedure

Appendix 5 Clothing and Valuables

Appendix 6 Bereavement Follow up referral form

Flow Charts 18.05.20

- Communication Guides

Appendix 1 – Aide Memoires

Helping someone to say goodbye to their dying relative

- Ethnic Community Resources

BME contact details staff

Irish Traveller Information Booklet

Bereavement Information Booklet: British Sign Language

- Key Personal Information

Bed Information

- Powerpoint slides

Care Homes

- Resources websites

20.05.20

Letter from Dr Michael McBride – COVID-19 Updated Guidance for Funeral Directors

Updated Interim Guidance for Funeral Directors on ~ infection risks when handling the deceased

Clinical Pathways

- **Symptom Identification Checklist**
- **Letter – The use of oxygen in Primary Care for patients with Covid 19. 24/04/2020**
- **Palliative and End of Life Care – Director letter CHS – Palliative care advice for all health care professionals SHSCT. 06/04/2020**
- **Community Rapid Response Team: Letter to Care Home Managers from Head of Service Acute Care at Home and Intermediate Care. 27/03/2020**
- **Stroke Journey – discharge pack – stroke network April 2020**
- **Eating, Drinking and Swallowing during COVID-19 April 2020**
- [Instructional Video Unblocking a feeding tube](#)
- [Instructional Video – replacing the Y adapter on a Corflo PEG feeding tube](#)
- [Instructional Video – How to replace water in a balloon gastrostomy](#)

Coronavirus Guidance

- **Care Home Visiting Guidance**
- **HSS(MD) 35/2020 – ALERT FOR ALL CLINICAL STAFF: COVID-19 CASE DEFINITION CHANGE GENERAL CASE DEFINITION FOR THE PUBLIC**
- **Correspondence regarding the Southern Trust Community Rapid Response Team**
- [Preparing your Care Home for Winter A5 Booklet](#)
- [Letter from CMO, CNO and CSO to all registered providers re letter on discharge analysis](#)
- [Interactive Rapid Learning Initiative Report \(Care homes\)](#)

COVID-19 Accommodation Requests

- **Poster – Care or Residential Homes**

- COVID-19 Accommodation Request Form

COVID-19 Recovery Information

- [Information to help recovery after COVID-19](#)

COVID-19 testing

- [National Testing Programme](#)

COVID-19 Vaccine Programme

[COVID-19 Vaccine Programme Carehomes](#)

Dementia Support Information

- SOP Memory Service Nursing Home Support
- Difficulty Remembering
- Doll Therapy
- Environmental leaflet
- Meaningful Activity
- Pain
- Personal Care
- Understanding Behaviours
- This is Me

Diabetes Management

- Staying Safe with Diabetes when Sick or at Risk of Dehydration
- ICP medication sick day guidelines
- MEDICATION SICK DAY GUIDANCE care home sheet

- SHSCT COVID 19 and diabetes management in care homes

Dysphagia Support Team

- [Draft MDT Risk feeding guidance for consultation](#)
- [SLT Adult Community Referral form](#)

Easy Read Materials

Coronavirus Leaflet and Posters

- How to Stay Safe
- What if you get ill
- About Coronavirus
- Coronavirus and Health Issues
- COVID Enhancing Communication Poster – May 2020

ECHO

- COVID-19 Care Home PHA
- Save the Date Environmental Cleanliness
- Advance Care Planning
- Gain
- Zoom Meeting Nursing Homes
- COVID NH SOB presentation
- Environmental Cleanliness in Care Homes ECHO.
- Communicating with your client FINAL

Falls Prevention Service

The team is made up of nursing, Physiotherapy, Occupational Therapy staff and support workers who are experienced in delivery exercise programmes.

We have quite a lot of information on falls prevention, strength and balance exercises in booklets(hard copies and electronic version available), quite a few powerpoint presentations

that Louise Mc Elroy has been delivering via Care Home Support Team (CHST). These relate to a range of areas to meet the needs of staff and clients. The falls prevention team and /or the Physiotherapists in ICT can provide practical support in relation to equipment, moving and handling, respiratory care and advice as necessary .

The Falls MD service can provide assessments in the PNH and Strength & Balance exercise programmes, advice on mobility aids etc .

Any queries or support from the MD Falls Prevention Service should go through the Falls Co-ordinator (Joanne McElmeel) 028 375-64909, joanne.mcelmeel@southerntrust.hscni.net

Access the Falls toolkit [HERE](#).

Future Nurse Future Midwife - Resource and Support Information for Non-HSC Organisations

I write to summarise the availability of additional Future Nurse Future Midwife resources specific to Non-HSC Organisations available on [NIPEC's FNFM Resource page](#). These resources provide additional guidance for Non HSC Organisations and universities to support learning in Practice. Some of the available resources include:

- [FNFM Non HSC Organisations and AEs - Guidance For Supporting Students](#)
- [FNFM Non HSC Organisations - Step By Step Guide To Practice Learning Environments](#)
- [FNFM Non HSC Organisations - Frequently Asked Questions](#)
- [FNFM Non HSC Organisations - Letter Re Preparation Programmes](#) (previously shared via PHA)
- [FNFM Non HSC Organisations - Registration Form For HSC Learning Centre](#) (previously shared via PHA)

Infection Prevention and Control

- [Letter Environmental Cleanliness HSCB PHA letter](#)
- [An introduction to Amber PPE for a Residential/Nursing Home](#)
- [Community – Amber Zone Donning and Doffing](#)
- [How to wash your hands](#)

Memory Service Support

- COVID-19 Draft Visitors Advice
- BPSD COVID-19 final
- COVID-19 Delirium Management Guidance
- BSO RGP Wandering Guidelines 14.04.20
- Updated FAQs for Care Homes 03.04.20
- BGS Managing the COVID-19 pandemic in care homes

Palliative and End of life

- Guidance for Palliative Care Pack – 10.04.20
- Advance Care Planning
- HSCB Urgent Pandemic Pack permitted list
- Letter to GPs re: Nursing Home Packs – 16.04.20
- Urgent Pandemic Pack Blank Recording Template
- Recognising Dying
- Maintaining Hydration in the last days of life
- Pain and Medication
- Symptom Management in Palliative Patients at end of life
- PCiP COVID-19 Briefing 3 (23.04.20) and verification of expected death information
- Syringe Pump E-learning Programme
- [PCiP Palliative Care & Covid-19 Briefing](#)
- [Battery Information](#)

The Specialist Palliative Care team has developed a training video on the Regional Palliative Medicine Group Guidelines, for Community staff.

The link below provides some teaching from Dr Caroline McLoughlin, Palliative Medicine Consultant, surrounding Palliative Care in the Covid 19 Pandemic.

It includes the new PHA RPMG COVID-19 Symptom Management in the Last Days of Life Guidelines and tips for communication in these exceptional circumstances The video is 40 mins long but if you would like to go a specific topic please guide below.

For key sections within this video please see below. This will allow you to go to key topics within the Guidelines.

[Video](#)

Key Points:

- Dyspnoea/Pain/Cough
14.21-21.03
- Agitation/Anxiety/Delirium
21.04-24.24
- Respiratory Secretions
24.25-26.44
- Pyrexia
26.45-28.42
- Communicating/Advanced Care Plan
28.43-32.35
- Telephone Communication
32.36-34.09
- After Death Care
34.10-37.21
- Self Care
37.22-39.17
- Palliative Care Contacts
39.50

Personal Protective Equipment (PPE)

- **Message for Independent Care Home Sector**
- **PPE Collection arrangements information sheet 27.04.20**
- **CAH site map PPE Collection point**
- **PPE stock collection form final 27.04.20**
- **Tiger Medical Surgical Mask 05.05.20**
- **Letter to Providers FFP3**
- The following safety alert has been received concerning FFP2 masks.

<https://www.hseni.gov.uk/alert/safety-alert-use-face-masks-designated-kn95>

You are advised to check to ensure that there are no donated FFP2 masks in circulation in your areas and that they are not put to use unless checked for compliance.

- **REVISED COLLECTION ARRANGEMENTS FOR SUPPLY OF PPE EQUIPMENT FOR CARE HOMES AT LURGAN HOSPITAL SITE COMMENCING 7 JULY 2020**

Psychology First Aid

- Letter to HSC Trust and Council Chief Executives

RQIA

[COVID-19 Care Home Status Update](#)

Safeguarding

- COVID-19 guide for social workers and occupational therapists supporting adults with learning disabilities and autistic adults

Staff Health and Wellbeing

- [All topics Menu](#)
- 10 Tips to Reduce COVID-19 Anxiety
- Self-Care Advice for Staff
- Team Wellbeing Check-in session
- Compassionate/caring flow poster
- Psychology contacts poster
- Staff Wellbeing Support Helpline
- **Health and wellbeing of the adult social care workforce**
- For more information, visit the Umatter website **HERE**
- [Workforce COVID-19 helpline](#)
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Staffing

Trust Calls with Independent Care Sector

- **Minutes of teleconference call with Nursing Residential 26.03.20**
- **Minutes of teleconference call with Nursing Residential 01.04.20**
- **Minutes of teleconference call with Nursing Residential 08.04.20**

Care Home teleconference call and Palliative Care Education 22.04.20 11.30am

- **Minutes of teleconference meeting 15.04.20**
- **RPMG COVID-19 Guidance Final (April 2020)**
- **BD Safe-T Intima Straight for Subcutaneous Infection Therapy**

- **Minutes of teleconference call with Independent Care Homes 22.04.20**

Visiting and Care Partners

- [Joint letter CNO and CSWO to Trust CEOs and Directors](#)
- [The Care Partner November 2020](#)
- [The Care Partner FAQs November 2020](#)
- [Care Partners 2 page flyer](#)