

Please return completed form to:

**Carers' Coordinator**

**Promoting Wellbeing Team**

**John Mitchel Place**

**Newry**

**BT34 2BU**



*If you have any queries or would like further information, please do not hesitate to contact the Carers' Coordinator for an informal chat as detailed overleaf.*

## **Southern Trust Carers' Reference Group**

This group continues to meet on a quarterly basis and over the years carer involvement has influenced the way the Trust plans and delivers services to carers and has assisted in the development of support and resources to meet carers' needs.

If you are interested in becoming involved in this group or any other carer forums across the Trust's programmes of care, please contact:

**Carers' Coordinator  
Promoting Wellbeing Department  
John Mitchel Place  
Newry  
BT34 2BU**



**028 37566284**



**Carers.coordinator@southerntrusthscni.net**

[www.southerntrust.hscni.net/services/1581.htm](http://www.southerntrust.hscni.net/services/1581.htm)

**Personal and Public  
Involvement (PPI)**



**Involving you,  
improving care**

## **Southern Health & Social Care Trust**

### **Carers' Register**



*"Helping us to help you stay connected"*



**Southern Health  
and Social Care Trust**

*Quality Care - for you, with you*

## What is the Carers' Register?

As part of the Southern Trust's commitment to carers, we are developing a Carers' Register. This is a list of carers who live in the Southern Trust area (Armagh, Dungannon, Craigavon, Banbridge, Newry and Mourne) or care for service users who do.

***All personal information on the Register will remain confidential and will be processed in line with The Data Protection Act 1998.***



***You can request the removal of your details at any time.***

### Who is a carer?

A carer is someone who, without any payment\* provides help and support to a family member or friend who might not be able to manage without this help due to illness, frailty or disability.

\* Carer's Allowance permissible

## Benefits of a Trust Carers' Register

Maintaining a Carers' Register will help the Southern Trust to:

- Keep in touch with you
- Consult you on future services
- Identify the extent of caring that takes place in the Southern Trust area
- Provide support to carers

Being on the Carers' Register will help you:

- Keep up-to-date with information, services and initiatives that may support you in your caring role
- Ensure that you are aware of your rights and entitlements as a carer
- Advise you of any proposed changes to services that may affect you or the person you care for
- Provide you with an opportunity to have your voice heard.

### How do I register?

Complete this form and return it to the address on the back.

Your name: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Your phone number: \_\_\_\_\_

Email: \_\_\_\_\_

Your date of birth: \_\_\_\_\_

I am happy for my details to be kept on this register (please sign): \_\_\_\_\_

Name of Key worker / Referrer \_\_\_\_\_

Name of person cared for: \_\_\_\_\_

Condition of the person you care for e.g. Dementia, Mental Health? \_\_\_\_\_

What age is the person you care for:

Under 18      19-65      Over 65

Are you or the person you care for from a Black or minority ethnic community? \_\_\_\_\_

Carer

Person cared for

Please specify preferred language: \_\_\_\_\_