

Primary Care Multi-Disciplinary Team



Newsletter Issue 1—September 2020

Primary Care Multi-Disciplinary Teams Introduced to GP Practices

Newry and District GP Federation is working in partnership with the Southern Trust to roll out the 'Multi-Disciplinary Teams' (MDT) initiative which aims to promote the physical, mental and social wellbeing of local communities.

What are General Practice Multi-Disciplinary Teams?

We understand that your physical health, mental health and social wellbeing are all equally important to you.

Multi-disciplinary teams aim to help you address these issues at the earliest opportunity, by giving you access to a range of experts who can offer you the care, advice and support that you need.

This innovative approach involves the appointment of practice-based First Contact Physiotherapy Practitioners, Senior Mental Health Practitioners and Social Work Practitioners within GP practices.

Through time, all 31 GP practices within the Newry and District GP Federation area will have a dedicated Social Work Practitioner, Social Work Assistant, Mental Health Practitioner and First Contact Physiotherapy Practitioner working in practice as part of the team.

The first GP Practices with a new Multidisciplinary team in place are:

- ◆ Meadowlands Surgery, Newry
- ◆ Clanrye Surgery, Newry
- ◆ Dr McNiff and Partners, Banbridge Group Surgery.

Meet the Team



Denise Hall
MDT Physiotherapy Lead



Tracey McConnell
MDT Mental Health Lead



Martina McAloon
MDT Social Work Lead



Jacqueline Morton
MDT Project Manager

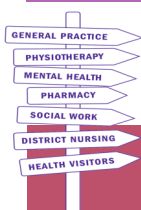


Dr Tayo Idowu

Welcoming the MDT Practitioners Dr Tayo Idowu, Co-Chair Primary Care Multi-Disciplinary Team Project Board said:

"With growing demand for health and social care and now the challenges of COVID-19, we need to continue to transform the way we deliver care, to meet the needs of local people and to make the best use of our resources.

The MDT model will give patients earlier access to specialist Physiotherapist, Social Work and Mental Health colleagues who can offer a more appropriate care plan and may even prevent the need for further referral to Secondary Care. This will help GPs to refocus their expertise on patients with more complex issues who require more time - which we hope will prevent many unnecessary hospital referrals and reduce waiting times."



#MDT #DeliveringTogether

First Contact Physiotherapists and Senior Mental Health Practitioners are also working in the following GP Practices.

	Senior Mental Health Practitioners	First Contact Physiotherapy Practitioners
Newry City		
Clanyre Medical Practice	Yes	Yes
Clanrye Surgery	Yes	Yes
Meadowlands Surgery	Yes	Yes
South Armagh		
Rathkeeland GP Practice	Yes	No
Dr Fee GP Practice	Yes	No
South Down		
Summerhill Surgery	Yes	Yes
Mourne Family Clinic	Yes	No
Annalong GP Practice	Yes	No
Banbridge		
Dr McNiff & Partners	Yes	Yes
Dr McCandless & Partners	Yes	No
Dr Ramsey & Partners	Yes	No



Mrs Aldrina Magwood, Director of Performance and Co-Chair Primary Care Multi-Disciplinary Team Project Board said:

"I welcome the opportunity to work collaboratively with my Primary Care Colleagues to provide patients with access to a range of healthcare professionals who can provide care, advice and support in their local GP Practice".

For further information please contact, Project Manager

JacquelineT.Morton@southerntrust.hscni.net

