

Did we get it right?

Fit 4 U - Return to Leisure Centres



We believe the best people to tell us how we are performing are those who have experienced our care and services and so we ask patients, relatives and carer's to tell us how we are doing.

Our staff are always happy to receive compliments and here are some of the comments you have sent us.

"Participating with others makes the whole experience both mentally and physically beneficial."

"Enjoyed being back at leisure centre, was feeling lonely at home."

"I always like to participate, indoor and outside, you always do a good job."

"Particularly enjoyed the seated movement to music. Volunteers and staff friendly and welcoming, aware of participants' needs. I am very grateful for this group. So thank you."

"Staff are really careful and helpful"

"My son really enjoys Fit 4 U and loves meeting and making new friends."

"Just glad to be back at the leisure centre Fit 4 U. It is a great help."

"Always enjoy going to sessions whether inside or on the walk. Everyone very friendly and looks after me".

"Enjoyed getting back to different activities and meeting people in centre."

"I love going to Fit 4 U 2, it helps me."

"Very happy with the sessions. Good to meet up with people again."