

We believe the best people to tell us how we are performing are those who have experienced our care and services and so we ask patients, relatives and carer's to tell us how we are doing.

Our staff are always happy to receive compliments and here are some of the comments you have sent us.

*"Lyndsey enjoys getting out with her friends walking"*

*"Coming in on a Tuesday morning gets the week going."*

*"I like to see all the Volunteers"*

*"It's the social aspect getting Lindsey out and meeting people"*

*"Would miss it, if it wasn't here"*

*"When in Fit 4 U, relaxed and leave with a 'giggle'"*

*"We have great fun"*

*"I love Boccia, Kurling and the zoom dancing, I like the leisure centre and zoom"*

*"Fit 4 U was very missed during lockdown, missed the face to face contact and couldn't wait to Fit 4 U restarted."*

*"It gives me the tools to do something else"*

*"Gives me something to focus on every week to get up and get out"*

*"Makes me feel better when I go home"*