



Fit 4 U 2 Engagement Events

June 2024



Fit 4 U 2 participants were asked to:
Draw HOW YOU FEEL and what you ENJOY BEST.

Words used by Fit 4 U 2 Participants

Exercise Happy Friends Fun

Strong Music Healthy Enjoy

Games Dancing Boccia Love

Together Smiling Friendship

Energise Walking Warm Up

Awake Cool Down Included

Basketball Bean Bags

Musical Movement