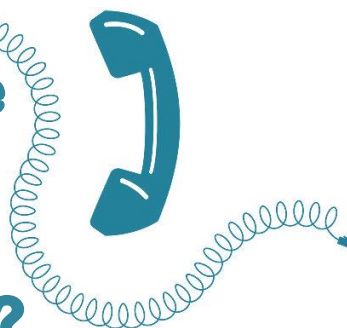


Did you know we have a Health Visiting Infant Feeding Helpline?



07342065152

**Monday - Friday
6pm - 9pm**

**Excluding Bank Holidays
Birth – 9 months**

Your feeding questions answered about:

- **Breastfeeding**
 - **Crying**
 - **Colic**
- **Constipation**
- **Allergy**
- **Reflux**
- **Formula**
- **Mixed Feeding**

"Baby had been crying for 2 hours solid... gave reassurance"

"I would have went to A&E last night if I hadn't been able to speak to someone on the helpline ... gave me reassurance ... left me content"

"Nice to know someone there when you need them"

"Glad to be able to contact someone in the evening time – rather than guessing"



HSC Southern Health
and Social Care Trust

Quality Care - for you, with you