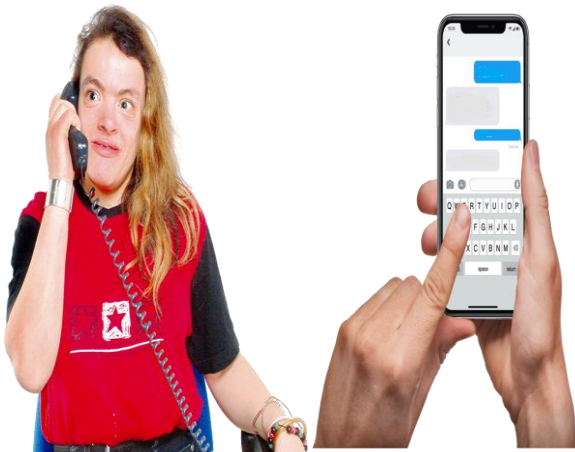




If you feel sick and think you need to go to hospital



Phone or send a text message to the hospital. This is called the phone first service.



The phone number is 030 01233 111.



Text the word 'RELAY' to the number 18001 0300 1233 111.