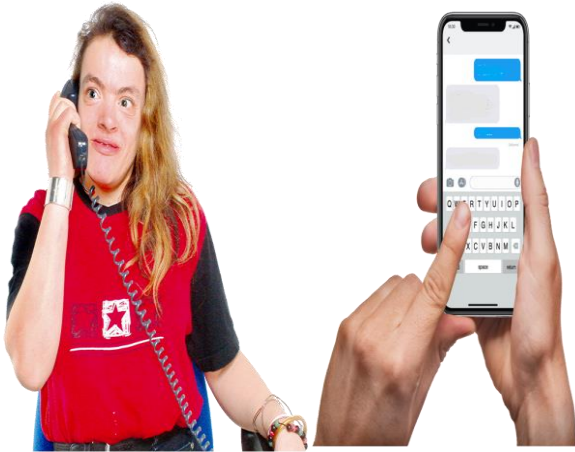




If you feel sick and think you need to go to hospital



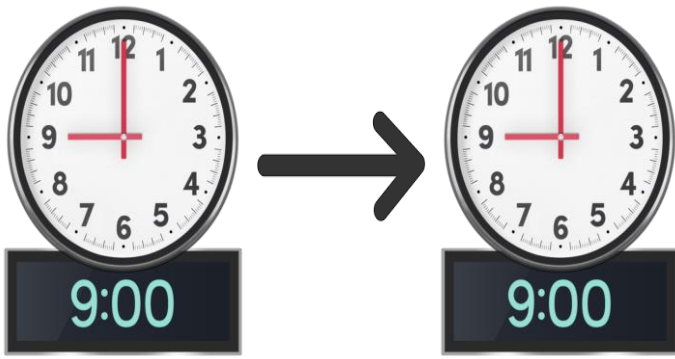
Phone or send a text message to the hospital. This is called the phone first service.



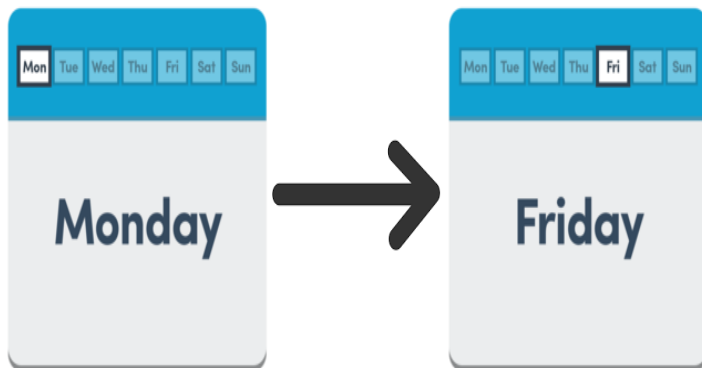
The phone number is 030 01233 111.



Text the word 'RELAY' to the number 18001 0300 1233 111.



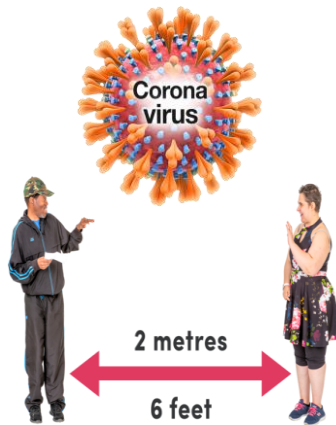
Phone first is opened from 9.00am to 9.00pm.



The phone first service is opened Monday to Friday. Not bank holidays.



The phone first service will help make sure you get the right care that you need.



The phone first service will help with social distancing in the waiting rooms. This will keep you and other people safe.



The phone first service will save you time and save the hospital time.



You must phone 999 if it is an emergency and you need an ambulance.

**This Easy Read Leaflet was produced by:
The Speech and Language Therapy Department, Adult Learning Disability Team,
SHSCT.**