





**Staff feedback:**

***We received excellent feedback from carers of ALD service users... Also a number of new referrals have been received directly related to attendance of this event.***

#LEARNINGDISABILITYWEEK2023  
 REDUCING BARRIERS TO HEALTH  
 HEALTH PROMOTION — **HEALTH FACILITATION SERVICE** — TACKLING HEALTH INEQUALITIES  
 1:1 GROUP WORK #REFERRALS ANNUAL HEALTH CHECKS GP SURVEYS #CANCER SCREENING #EQUALITY  
 SEXUAL EDUCATION HEALTH ACTION PLANS INDIVIDUALISED CARE #SHSCT



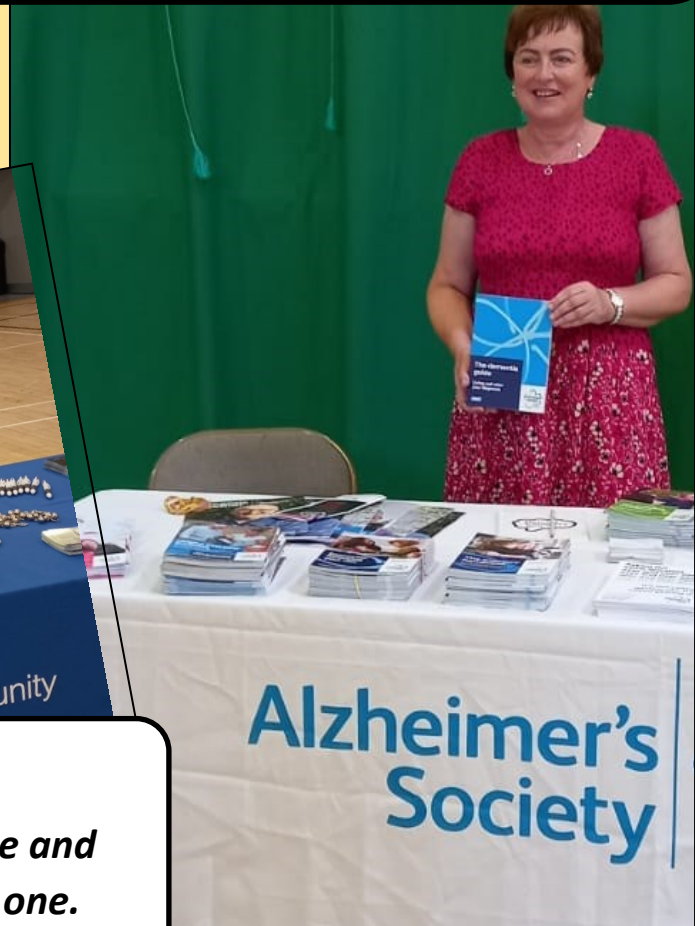
Exhibitor feedback:

*A very relieved father and daughter left feeling a big weight was lifted off their shoulders and told me they were so glad they came along knowing they were not alone in their journey.*



Exhibitor feedback:

*I spoke to approx. 35 people, mainly female and every conversation was a very meaningful one.*





**Staff feedback:**

***Our service made some great connections...which we hope to work alongside in future...also with carers who we were able to connect with providing advice, easy read information or just generally raising the awareness of the annual health checks.***

**PROMOTING positive mental health**

- In supporting you and your community AMH MensSana will:
- Increase your knowledge of mental health issues and services
  - Challenge stigma and misconceptions associated with mental health
  - Encourage help-seeking behaviours and early intervention in response to your support needs
  - Identify for you appropriate and prompt sources of support
  - Enhance your skills to remain mentally healthy through a range of training options



**Carer feedback:**

***I particularly enjoyed and valued the Makaton session and the opportunity to connect with other agencies or see them face to face for the first time.***