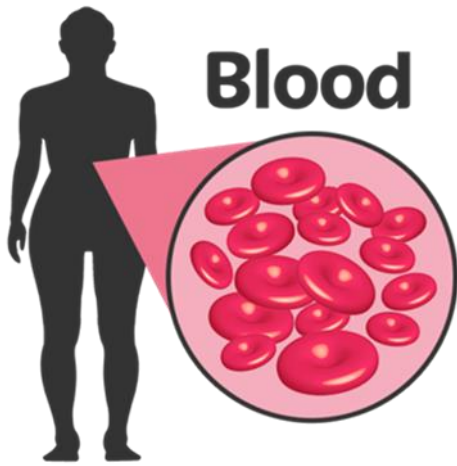


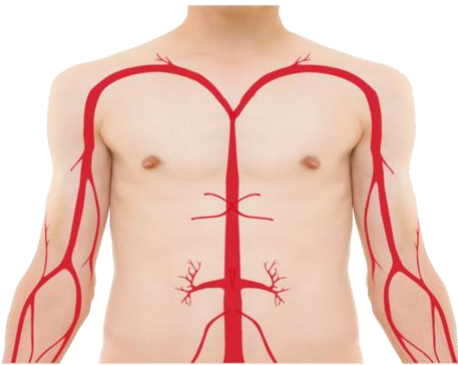


**Having your blood taken.**



# Blood

We all have blood inside our bodies.



Vessels called arteries and veins carry this blood around the body.



Sometimes a doctor will ask for a blood test from us.



Blood tests help tell us if our bodies are healthy and if certain treatments are working.



Blood is usually taken from your arm.



Blood can also be taken from your hand or foot.



The health worker taking blood will put something called a tourniquet around your arm.



This may feel a bit tight but not sore.  
This makes it easier to take blood.



The Health worker will then wash their hands and put on gloves.

They will clean your arm with an alcohol wipe





They will put a small needle into your arm.



The needle is attached to a bottle which collects blood.



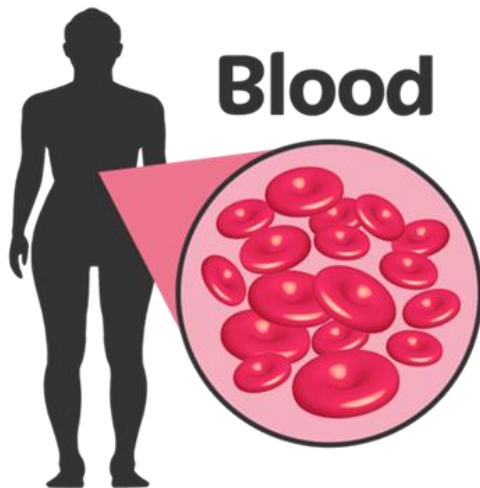
This will all be finished in a few minutes.



The Health care worker will take off the tourniquet.

Take the needle out of your arm.

Place cotton wool on your skin and a plaster to stop bleeding.



The blood bottles will then be sent to the laboratory for testing.



Your doctor will tell you the results of your blood tests in a few days.