



Checking your pulse



Your pulse tells us how well your heart is beating.



A doctor or nurse will check your pulse by checking how many times your heart beats in a minute.



It takes about 1 minute to check your pulse.



The doctor or nurse can check your pulse by holding your wrist for 1 minute.



Checking your pulse



The doctor or nurse can check your pulse by putting a special clip on your finger called a pulse oximeter for 1 minute.



A doctor or nurse can check your pulse by putting a special cuff on your arm called a blood pressure cuff. The cuff might feel a bit tight on your arm.



The doctor or nurse will write down your pulse in your file.



The doctor or nurse will talk to you about your pulse.