

Sources of Support for Breastfeeding

Breastfeeding Support Groups in Northern Ireland

Greater Banbridge Area

FACE TO FACE

Wendy Ryan – Tel: 028 40622475
star.surestart@southerntrust.hscni.net
Wednesday 10.00-12.00

Blossom Surestart, Portadown

FACE TO FACE (*booking essential*)

Kathleen Creaney (for booking) – Tel: 028 38337455
Siobhan McConville, Health Visitor
Thursday 12.00-13.00

Clogher Valley Surestart SHSCT

FACE TO FACE at St. Bridget's School Augher

Carol McMahon, Health Visitor – Tel: 028 85549898
e-mail – info@cloghervalleysurestart.org
Wednesday 10.00-11.00

Dungannon & Coalisland Surestart SHSCT

FACE TO FACE

Breastfeeding Support Group
info@surestartdc.org
To book contact Tel: 028 87729695
Wednesday 10.30-12.00

Armagh

FACE TO FACE

Arke Surestart, Mia Murray – Tel: 028 37518569
Every Thursday 10.00-11.00

Mourne Surestart Breastfeeding Support Group

FACE TO FACE

Tel: 028 41764718
E-Mail: info@mournesurestart.com
Every Tuesday 09.30-11.30

Newry Surestart Breastfeeding Support Group

FACE TO FACE

Newry Surestart, Warrenpoint Road
contact Judith Tel: 07593 139269
judiths@newrysurestart.org
Every Wednesday 12.30-13.30

Splash Surestart, Craigavon

FACE TO FACE (*booking essential*)

Breastfeeding Support Group
To book please contact
Janet Cameron Health Visitor
Tel: 028 3831 3360
Every Tuesday 11.30-12.30

South Armagh Surestart

FACE TO FACE

Lislea Community Shed Forkhill Community Centre
Baby café
To book & confirm venue please contact
Tel: 023 830830022 or
info@surestartsa.org
1st & 3rd Tuesday 11.00-12.30

NI Wide

ZOOM

Facebook: La Leche League Ireland
East Antrim Group
Helpline Tel: 028 95818118
Louise Brownell 07968492012
Every 2nd and 4th Friday 09.30-11.30

NI Wide

ZOOM

NCT NI
Every Sunday 14.00-15.00

Sources of Support for Breastfeeding

Daytime 9am - 5pm

Community Midwife

Armagh	028 3756 4974
Banbridge	028 4062 3306
Craigavon/Lurgan/ Portadown	028 3756 2188
Dungannon	028 3756 5537
Newry	028 3756 2095

After 5pm / evening / weekends

Maternity Unit in Craigavon Hospital

2 West 028 3756 1740 / 3756 1741
Midwifery Led Unit 028 3756 1730

Maternity Unit in Daisy Hill Hospital

Maternity Ward 028 3756 2750

Infant Feeding Lead

028 3756 1326 **Mobile:** 07795 446 116

Email: breastfeeding.information@southerntrust.hscni.net

Breast Milk Bank

028 6862 8333

Health Visitor

Armagh	028 3752 1575
Banbridge	028 4062 0070
Lurgan	028 3756 0223
Portadown	028 3756 0489
	028 3833 4400
Brownlow	028 3756 2188
Dungannon	028 3756 5516
Newry	028 3756 2095

Websites

www.breastfedbabies.org
www.breastfeeding.nhs.uk
www.laleche.org.uk
www.nct.org.uk

Southern Trust

Breastfeeding Support Page Link -
<https://southerntrust.hscni.net/services/maternity-services/breastfeeding-support/>

Helplines

National Childbirth Trust Helpline	8am - 10pm	0300 3300771
National Breastfeeding Helpline	8am - 10pm	0300 1000212
Breastfeeding Network Supporter Line	9.30am - 9.30pm	0300 1000210
La Leche League helpline		0845 1202918
Infant Feeding Helpline		07342 065 152

Breastfeeding Peer Support Volunteer Service

Contact your Community Midwife or Health Visitor for a volunteers name & number
Link Worker Number 07823 532 306

FACEBOOK

www.facebook.com/Southern Health and Social Care Trust
www.facebook.com/llni
www.facebook.com/Blossom Surestart
www.facebook.com/Newry Surestart
www.facebook.com/Dungannon Surestart
www.facebook.com/ArKe Surestart
www.facebook.com/Splash Surestart
www.facebook.com/Clogher Valley Surestart
www.facebook.com/Surestart South Armagh