

# INTRODUCTION

The School Health Team, which includes nurses, nursing assistants and administration staff, work in partnership with parents, teachers and other health professionals to support children through their school years.

Your School Health Team can provide support, organise referrals to the appropriate professionals, and offer information and advice on a range of issues including:

- Healthy Lifestyles e.g. healthy eating, physical activity & hygiene
- Advice on some medical conditions such as anaphylaxis & allergies
- Behavioural problems
- Dental Health
- Bullying
- Family support
- Infectious conditions / diseases
- Personal safety
- Enuresis (Bedwetting) / Encopresis (Soiling)
- Puberty
- Head Lice
- Local support services
- Child Protection

# SCHOOL HEALTH TEAMS

## Armagh

St Luke's Hospital, Loughgall Road,  
Armagh, BT61 9NQ  
T. 028 3756 5804 or 028 3756 5162/1032

## Banbridge & Dromore

Banbridge H&C Centre,  
10 Old Hospital Road,  
Banbridge, BT32 3GN  
T. 028 3756 1305

## Dungannon

Thomas Street Clinic, 38 Thomas Street,  
Dungannon, BT70 1HS  
T. 028 3756 5725

## Kilkeel

Kilkeel Primary Care Centre,  
Greencastle Street, Kilkeel, BT34 4BH.  
T. 028 3756 7829

## Newry

John Mitchel Place, Hill Street,  
Newry, BT34 2BU  
T. 028 3756 2043 or 028 3756 2526

## Portadown, Brownlow & Lurgan

The Bungalow, Lurgan Hospital,  
Sloan Street, Lurgan, BT66 8NX  
T. 028 3756 1025

*Please do not hesitate to contact the school nurse for further information or to discuss your child's health.*

# SCHOOL HEALTH SERVICE INFORMATION LEAFLET FOR PARENTS & YOUNG PEOPLE

# POST PRIMARY SCHOOL



Southern Health  
and Social Care Trust  
Quality Care - for you, with you

Your child's name, address and immunisation history have been provided by the Child Health Computer System. The personal information that we store and process is governed by the General Data Protection Regulation (GDPR) 2018.

This information will remain confidential and will only be disclosed on a need to know basis where there are child protection concerns.

The School Health Team requires parental consent to carry out any health checks.

*Please note: young people under the age of 16 may give consent and ask for confidential advice and support. This will be provided if the School Health Team believes the young person is capable of understanding the issues and consequences. Information will only be shared with parents and/or guardians and other professionals if there are child protection or safety concerns.*

## **YOUR EMOTIONAL AND MENTAL WELLBEING**

Growing up can be stressful at times. Feeling sad, lonely, worried, angry, frightened or feeling that nobody understands you are common feelings. Lots of different things can affect our emotions such as trouble at home, problems with friends, bullying or exam stress. Children, young people and families can become unwell at times if emotional difficulties are not managed and supported. Your school nurse could help you and your family – just ask. Please ring your local school health team on the number overleaf.

# **WHAT DOES THIS SERVICE INVOLVE?**

## **SERVICES OFFERED**

### **CLASS | YEAR 8**

**Health Appraisal** | Enclosed is a questionnaire for you and your child to complete. Based on the information you provide, we will offer advice, a health check and referral where required.

**TB (Tuberculosis) Risk Assessment** | To identify children and families at risk of TB – Your child will not be receiving any immunisations at this contact.

**BMI Recording (Body Mass Index)** | Can be used to establish a healthy weight range. Assessment will include height and weight measurement and BMI calculation.

**Height Assessment** | Your child will remove shoes and hair accessories before standing under a height measure.

**Weight Assessment** | Your child will remove shoes and heavy clothes (e.g. blazer) before standing on weighing scales.

**Health Promotion** | This will include selected topics listed on previous page.

### **CLASS | YEAR 9**

**Human Papillomavirus (HPV) Vaccine**  
Will be offered to all year 9.

### **CLASS | YEAR 11**

**Immunisation injections** | Polio, Low dose Diphtheria and Tetanus Booster. Meningococcal ACWY, 2nd MMR (if required).

### **CLASS | YEARS 9 TO 12**

**New Entrants into School** | TB Risk assessment (if required).

**Health Promotion** | This will include selected topics listed on previous page.



**Please remember to complete, sign and return all forms.**