



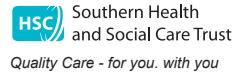
In response to the government's 'Protect Life' suicide prevention strategy, a wide range of local actions and initiatives have been developed to improve mental health and reduce the number of deaths by suicide within Northern Ireland.

The Protect Life Coordinator's role is to support the coordination of suicide prevention services and initiatives across the Southern area:

- Linking individuals, agencies and communities with information, education and support services available locally
- Providing signposting and support to those bereaved by suicide
- Developing and maintaining relationships with a wide range of partner organisations to establish a collaborative approach to suicide prevention that will address both the priorities of the Protect Life Strategy and the needs of local communities in the southern area.

For further information please contact:

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Promoting Wellbeing Division
Health Improvement Team
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PROTECTLIFE
suicide & self harm prevention

Improving understanding
Increasing awareness
Reducing stigma

Supporting initiatives to promote
mental health, wellbeing and suicide
prevention in the Southern Trust area

Linking families bereaved by suicide
to support services in the
Southern Trust area



PREVENTION

The Protect Life Coordinator has a prevention role in:

- Awareness raising
- Education - suicide prevention training
- Promoting Mental Health and Wellbeing.

INTERVENTION

The Protect Life Coordinator has an intervention role in:

- Developing collaborative/partnership working across agencies
- Coordinating the Protect Life Implementation Group in the Southern area
- Supporting the development of protocols in relation to suicide prevention.

POST-VENTION

The Protect Life Coordinator has a post-vention role in:

- Monitoring suicide incidence in the southern area
- Making contact with families bereaved and liaising with support services
- Supporting the development and implementation of appropriate community response to suicide in the Southern area.

SUPPORT and RESOURCES

Action Mental Health (AMH) T: 028 3839 2314
Contracted with the Public Health Agency, in partnership with PIPS Hope & Support, to provide the Protect Life resource service (including training) in the Southern Trust

PIPS Hope & Support, Newry
Contracted with the Public Health Agency to provide Bereavement Support Services in the Southern Trust for those bereaved by suicide

T: 028 3026 6195 W: www.pipsnewryandmourne.org

PIPS Upper Bann, Lurgan
T: 028 3831 0151 W: www.pipsupperbann.com

Barnardo's Child Bereavement
Helpline T: 028 9066 8333 W: www.barnardos.org.uk

Childline
T: 0800 1111 T: www.childline.org.uk

Compassionate Friends Northern Ireland
T: 028 8778 8016

Cruse Bereavement Care UK
Helpline T: 0808 808 1677
Armagh/Dungannon T: 028 8778 4004
Newry/Mourne T: 028 3025 2322

Lifeline
T: 0808 808 8000 W: www.lifelinehelpline.info
Text phone: 18001 0808 808 8000

Niamh Louise Foundation, Dungannon
T: 028 8775 3327 W: www.niamhlouisefoundation.com

Public Health Agency
W: www.mindingyourhead.info

Southern Health & Social Care Trust
W: www.southerntrust.hscni.net/livewell/MentalHealth.htm

