

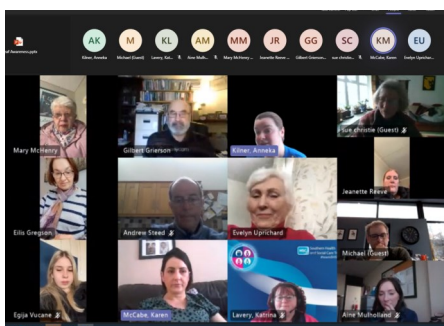
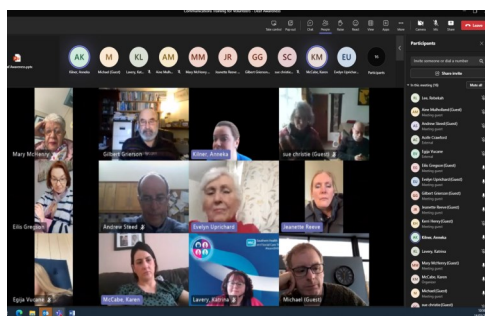
# VOLUNTEERING NEWS

## Communication Training

Based on your feedback the Sensory Disability Team delivered two Communication Training sessions, focusing on people who are hearing impaired and people who are visually impaired.

Really useful and interesting

Excellent presentation



What would you like to see included in the next Newsletter?

Would you like to tell us about your volunteer role or what you get from volunteering?

Please get in touch and share your story.

## Reinstating Volunteer Roles

As from the end of March we have 96 ACTIVE volunteers reinstated.

The volunteer service has more roles reinstated, and have been actively recruiting new volunteers into Macmillan, Here to Help and Volunteer Drivers. We are progressing the return of our activity support volunteers on the Children's Wards in Craigavon and Daisy Hill Hospitals.

We are still working on getting other roles such as Meal Time Support reinstated.

We hope to expand the roles available and provide further opportunities for our volunteers to return too over the coming weeks and months.

## Essential Volunteer Training

In order to volunteer in SHSCT, we have two essential training courses, Volunteer Induction and Safeguarding, for all volunteers to complete. Thank you to all of you who have been completing the training.

In order to reach every volunteer, in a training method which suits them, we offer our courses via Zoom, online and face to face.

**The next face to face Safeguarding training takes place on 25th April from 10am-12pm in The Committee Room in Daisy Hill Hospital.**

**If you prefer to complete the Induction E-Learning training face to face it will take place on the same day from 12.30 to 2.00p.m.**

To book your place on this training contact Rebekah on [volunteer.service@southerntrust.hscni.net](mailto:volunteer.service@southerntrust.hscni.net) or 028 3756 3946

## New Breastfeeding Peer Support Volunteers



Our latest cohort of Breastfeeding Peer Support Volunteers have recently finished their 8 week Solihull training programme in March 2023. Breastfeeding Peer Support volunteers are local mums who have breastfed their own children and who, with specialised training, encourage and support other new mothers. By sharing their own skills and experiences, peer mums can help breastfeeding mothers to overcome many problems with breastfeeding and encourage them to discuss any concerns they may have. Our new cohort of 8 new volunteers are now ready to take on referrals for new mums in the SHSCT area who need guidance support with their breastfeeding journey.

## Supporting Diversity In Volunteering

Originally from Latvia, Egija has recently joined the volunteering service. Egija began volunteering in our 'Here to Help' role at Daisy Hill Hospital in the Autumn. Egija, who is 19 years old, is studying Health and Social care at Southern Regional College and speaks three languages English, Latvian and Russian.



When asked what attracted her to Volunteer with SHSCT Egija commented "I was led by the fact that I love people, mainly the fact that I always want to talk, listen and help them, and in the future I want to continue activities related to people. Volunteering gives a great experience of getting to know people, and you can also meet new acquaintances from the local community". Recognising her Latvian heritage Egija feels that the Trust offers genuine opportunities to all sections of the community and ethnic minority backgrounds. Egija continued "the Trust ensures that services provided to people are fair and accessible to all, and that people are treated as equals and everyone receives the dignity and respect they deserve"

## Volunteer Coordinators

**Aine Mulholland**, Craigavon & Banbridge, 028 3756 3950

**Kate Johnston**, Armagh & Dungannon, 028 3756 4498

**Katrina Lavery**, Newry & Mourne, 028 3756 6295

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