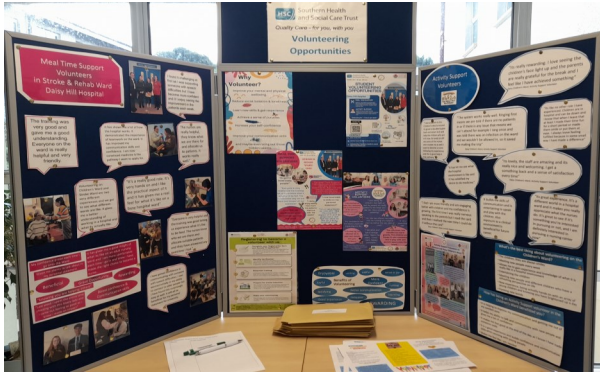


# VOLUNTEERING NEWS

# CONGRATULATIONS!

To all our volunteers who have now moved on to the next chapter, whether that is a University at home or away. We hope to see many of you back on the wards during your placements. **Good luck in all your endeavours and thank you.**



We have been out and about promoting our volunteering service to new post GCSE students in schools and Southern Regional Colleges across the region. Reaching out to our future workforce.



We were delighted to be the inaugural community spotlight feature of local blogger, Digg Mama, after her positive experience with an ED volunteer.

Check out the link below!

<https://www.diggcommunity.com/blog/categories/digg-community-spotlight>

## Meal Time Support training



Our summer Meal Time Support training programme took place in St.Lukes, Armagh on 28th June. All 14 volunteers thoroughly enjoyed the course and are now providing meal time support throughout the trust sites.



The next Meal Time Support training session will be held on  
**Thursday 31st October 9.30 to 12.30**  
In The Council Chamber, Monaghan Row, Newry  
**Booking is essential**





# Welcome to all our Newly Inducted Volunteers



Good luck to all our new volunteers, (those photographed and those not). This quarter new volunteers have been welcomed into Loane House in South Tyrone Hospital; Fit4U & Fit 4U2 in Southlake Leisure Centre; Craigavon Area Hospital Children's Ward, Emergency Department and Promoting Wellbeing Hub and Daisy Hill Hospital Children's Ward, Stroke & Rehab Ward and Endoscopy.





# MEAL TIME SUPPORT VOLUNTEERS



**“We get to  
meet lovely  
people!”**

“Everyone is very helpful and the training let us experience what it was like to be fed. The nurses know why we are there and answer all

our questions”

**I can feel my  
confidence grow  
each time I go onto  
the ward**

“I enjoy connecting with patients. Even if it was just a small conversation at dinner time, that didn’t take a lot of effort, it still felt as though I was making a tangible difference.”



“I really enjoy seeing how much the patients improve over the weeks”



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**STROKE &  
REHAB  
WARD  
DHH**

Stroke / Rehabilitation



The Meal Time Support Volunteers are a welcome addition to our department. they not only support patients at mealtimes but also provide companionship

“I now have loads to write on my personal statement!”



“It’s a very hands on role and I like the practical aspect of it and its given me a real feel for what its like on a busy hospital ward”



# Essential Volunteer Training Courses

HSC Southern Health and Social Care Trust  
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Promoting Wellbeing DIVISION

## Volunteer Induction Training



SCAN ME



Complete at a time that suits you



## Could you be Here to Help?



Here to Help volunteers are the friendly faces greeting you when you come into the hospital. They help you find your ward or appointment destination.



"I have discovered volunteering has many surprising benefits. It has introduced me to great people, new friends, a new skill and a new fulfilment to my life."

Would you like to join this growing team of volunteers?

Do you enjoy helping people?

Could you spare 2 hours a week?



If yes we would love to hear from you.



When you complete the Volunteer Induction Training be sure to add your name when prompted. Then download your certificate of completion. You will need to send this certificate to your volunteer coordinator.



## Safeguarding Training

Is essential for all volunteers and must be update every three years or 2 for Volunteer Drivers.

If your training is out of date we will contact you when it is due.

**The next training date is  
Tuesday 15th October  
From 7-9pm via zoom**

Booking is essential to book your place  
**contact Rebekah at**  
[volunteer.service@southerntrust.hscni.net](mailto:volunteer.service@southerntrust.hscni.net)  
or call 023 37563946

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## Managing your Volunteers Training is now live on



Scan either link below to access this short course if you have volunteers or are thinking about bringing them to your service

<https://learn.hscni.net#/catalogue/landingpage/item/43af3e79-00f7-4145-80e1-19be60bae366/>



## Volunteer Coordinators

**Aine Mulholland**, Craigavon & Banbridge, 028 3756 3950

**Karen McCabe**, Armagh & Dungannon, 028 3756 4498

**Katrina Lavery**, Newry & Mourne, 028 3756 6295



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