

Volunteers' Week 1-7 June 2025

Volunteers' Week will take place from 2—8 June 2025. Volunteers' Week gives us the opportunity to say thank you and recognise all of the amazing work our volunteers partake in each week across the Trust. We are holding an informal celebration event on Tuesday 3 June 2025 in South Lake Leisure Centre, Craigavon from 12 noon - 2pm. Please **SAVE** the date. A formal invitation will be sent to all volunteers nearer the time.



Newly qualified Breast Feeding Peer Support Volunteers

Our latest cohort of Breast Feeding Peer Support Volunteers graduated from their 8 week programme on 12 December 2024. Breastfeeding Peer Support Volunteers are local mums who have breastfed their own children and who, with specialised training, encourage and support other new mothers.

Our new cohort of volunteers are now ready to take on referrals from new mums in the Southern Trust area who need guidance and support with their breastfeeding journey.



Meal Time Support Training



Our Spring Meal Time Support training programme took place in Bluestone Hospital on 13 February. All 13 volunteers thoroughly enjoyed the course and are now ready to provide meal time support throughout our Trust sites.

Many thanks to all the facilitators who helped out with this training.

The next Meal Time Support training session will be held on Thursday 19 June in St.Lukes Hospital, Armagh:

Booking is essential, please contact:
volunteer.service@southerntrust.hscni.net

Emergency Department Celebration Event

This March, we held a celebration event to thank all the volunteers who are based in the Emergency Department in Craigavon Area Hospital. 3 of our 4 volunteers were in attendance, along with their Keyworker, Lisa, and ED staff. The volunteers were thanked for all their hard work, and everyone acknowledged how they help to create a calm atmosphere when they are in the Emergency Department.

A big thank you to all our ED Volunteers!



FIT 4 U Celebration Event

In December we welcomed all of our FIT4U Volunteers to South Lake Leisure Centre for a celebration morning to thank them for all their hard work during the year. The Volunteers enjoyed a Take 5 session delivered by our Health and Wellbeing team, a felting session with one of our Artscore staff and some relaxing Chi Me.



Welcome to our Newly Inducted Volunteers!



Essential Volunteer Information



Volunteer Induction Training



SCAN ME

Complete at a time that suits you



Managing your Volunteers Training is now live on



Scan either link below to access this short course if you have volunteers or are thinking about bringing them to your service

<https://learn.hscni.net#/catalogue/landingpage/item/43af3e79-00f7-4145-80e1-19be60bae366/>



When you complete the Volunteer Induction Training, be sure to add your name when prompted. Then download your certificate of completion and email this to your Volunteer Coordinator

Did you know that all volunteers are entitled to access the NHS Blue Light card? For a small fee, this card gives you discount to various high street and online shops. To apply for the card, you must have a volunteering ID. Please contact your Volunteer Coordinator for further information.

**BLUE LIGHT CARD**

NOW ELIGIBLE

NHS VOLUNTEERS*



*Must hold a valid NHS ID

Volunteer Coordinators

Aine Mulholland, Craigavon & Banbridge, 028 3756 3950

Karen McCabe, Armagh & Dungannon, 028 3756 4498

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