



**Get Involved**

[volunteersweek.org](https://volunteersweek.org)

#VolunteersWeek

2nd - 8th  
June

Summer 2025

## VOLUNTEER WEEK 2025

We held our Annual Volunteer Celebration event on 3rd June in South Lake Leisure Centre. It gave an opportunity for many of our volunteers to meet other volunteers, have a lovely lunch, and take part in some well being activities—Boccia and Chi Me. It is an opportunity for the Volunteer Service to thank all our Volunteers for giving their time to volunteer with us. For all those who couldn't attend we would like to extend our heartfelt thanks to you all.



The Boccia got very competitive, requiring the tape measure on several occasions.



One volunteer said the event "...was relaxed & welcoming. I enjoyed the opportunity to meet other volunteers. The food was excellent! Good to have feedback on the role of volunteers."



"Good to have the two activities as people laughed and chatted."

"It was a great afternoon and I was happy to be a part of it."



We would love your views on what we could do for next year's celebration event. Please let us know what would encourage you to attend our celebration event including day of the week, suitable times, activities etc.



## Volunteers Promoting the My Care App



We are sure everyone is aware of the new system being introduced to all Trusts across Northern Ireland. Encompass was launched in both the Southern and Western Trusts on 8th May.

Michael and Milfred kindly agreed to support the roll out by promoting the My Care App to those coming into both Craigavon Area and Daisy Hill hospitals.

The new app allows you to:

- Communicate with your health and care team
- Access test results
- Manage your appointments



**HSC** Health and Social Care

For more information on My Care click below  
[My Care - Login Page](#)  
With frequently asked questions included



## Newly Inducted Volunteers

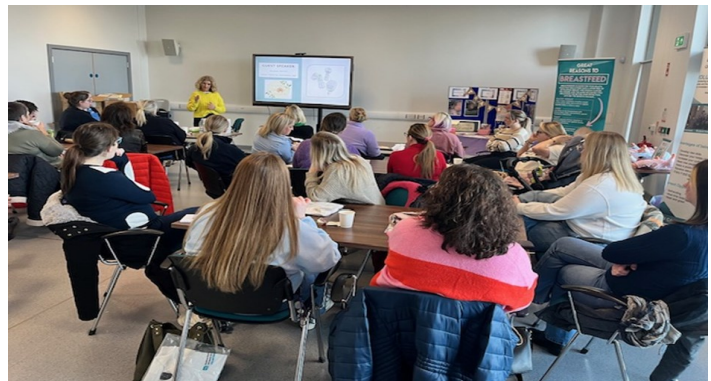




# Breastfeeding Training Event

In partnership with the midwifery team, we hosted an annual networking and training event for volunteers working as breastfeeding peer support volunteers. Held at South Lake Leisure Centre in Craigavon, the event welcomed volunteers who have been supporting breastfeeding mothers over the last year.

Ruth McGowan and Michelle O'Hagan, Trust Community and Maternity Infant Feeding Leads explained, "This is the third time, since the pandemic, that we've been able to come together and celebrate the incredible support our peer support volunteers provide. We were delighted to welcome everyone to this event, promoting breastfeeding and ensuring babies get the best start in life. We currently have 31 breastfeeding volunteers and are eager to expand this number through a volunteer recruitment drive later this year".





# Essential Volunteer & Key Worker Information



## Volunteer Induction Training



**Complete at a time that suits you**

**SCAN ME**



## Managing your Volunteers Training is now live on



Scan either link below to access this short course if you have volunteers or are thinking about bringing them to your service

<https://learn.hscni.net#/catalogue/landingpage/item/43af3e79-00f7-4145-80e1-19be60bae366/>



When you complete the Volunteer Induction Training, be sure to add your name when prompted. Then download your certificate of completion and email this to your Volunteer Coordinator

## Safeguarding Training



Is essential training for **all** volunteers, and must be updated every 3 years, or every 2 for Volunteer Drivers. If your training is out of date, we will contact you when it is due.

**The next training dates are;**  
**Thursday 3rd July 2025 7-9pm**  
**Tuesday 12th August 7-9pm**  
**Tuesday 9th September 7-9pm**  
Booking is essential!

To book your place **contact Rebekah** at  
[volunteer.service@southerntrust.hscni.net](mailto:volunteer.service@southerntrust.hscni.net)  
or call 023 37563946



Do you know that as a volunteer with Southern Health & Social Care Trust you have free access to our health & wellbeing portal?

Website: <https://u-matter.org.uk>  
Username: **southerntrust**  
Password: **umatter**

Or you can download the U-matter App directly to your phone.



### Volunteer Coordinators

Aine Mulholland, Craigavon & Banbridge, 028 3756 3950

Karen McCabe, Armagh & Dungannon, 028 3756 4498

Katrina Lavery, Newry & Mourne, 028 3756 6295

