

Our ref: FOI 1509

FREEDOM OF INFORMATION ACT 2000 – INFORMATION REQUEST

Information regarding inpatient admissions to our Trust with a primary or secondary diagnosis of an eating disorder has now been considered and the information requested is enclosed.

Enc 1509

The below information is based on patients who were open to the eating disorder service at the time of admission to mental health in patient facility. Some persons admitted to mental health hospital have recorded eating disorder as primary or secondary diagnosis were not known to the eating disorder team and therefore BMI detail not available. This will account for difference in figures.

It is not possible to provide the BMI for all patients who have primary or secondary diagnosis of eating disorder as not all persons with given diagnosis are necessarily open to specialist eating disorder service. Persons may have recorded eating disorder diagnosis when attending acute hospital but may not have had weight checked as this may not be the reason for attendance at acute hospital, eg, fractured arm.

Unfortunately data from 2022 admissions has not been retrievable and therefore I cannot provide detail around BMI.

Dear FOI Officer,

I am sending this request under the FOI Act.

This request relates to **inpatient admissions** to your trust with a primary or secondary diagnosis of an **eating disorder** (please include all eating disorders - i.e. ICD10 code F50 - Eating Disorders).

1. Please state the number of inpatients with an eating disorder diagnosis that were **discharged** from your trust in:

WHO WERE OPEN TO ADULT EATING DISORDER SERVICE

- a. 2018 8
- b. 2019 14
- c. 2020 10
- d. 2021 10
- e. 2022
- f. Total (1 Jan 2018 to 31 Dec 2022)

2. Please break down the early totals above by inpatient **BMI at time of discharge** in the following categories:

- i. BMI > 18.5
- ii. BMI 17-18.5
- iii. BMI 16-16.99
- iv. BMI 15-15.99
- v. BMI <15kg

For ease, I have created a table template that can be completed. Please also find it attached.

Number of inpatients with a diagnosed eating disorder that were discharged from your trust, by BMI at time of discharge:						
	Q1	Q2.i	Q2.ii	Q2.iii	Q2.iv	Q2.v
	Total discharged	BMI > 18.5	BMI 17-18.5	BMI 16-16.99	BMI 15-15.99	BMI <15kg
2018	8	<5	<5	<5	0	<5
2019	14	<5	<5	0	<5	5
2020	10	<5	0	0	<5	6
2021	10	<5	0	0	<5	<5
2022						
Total (1 Jan 2018 to 31 Dec 2022)	42	9	5	<5	9	17

Due to the level of specificity requested, provision of this information could identify individuals and therefore this information cannot be provided. The Trust has applied Section 40 (2) (third party information) of the Freedom of Information Act 2000 to exempt disclosure.