

WALKING GROUPS THROUGHOUT THE SOUTHERN TRUST

Please contact the relevant group for more information

NEWRY & MOURNE AREA				
Group	Location	Target group	Contact	Telephone
Newry Street Unite	Mourne Esplanade, Kilkeel	Beginner - low impact walk	Jennifer Or Sohpie	0786 455 6129 028 4125 8150
Mourne Matters				
Ladies of Mourne	Silent Valley Kilbroney Park Newcastle Promenade Cranfield Beach Annalong Coastal Path	Mixed ability	Irene Quinn Or Helen Rooney	0753 105 1250 028 4176 2177 0770 688 8439
St. John Bosco GAC "Feet on the Street"	Newry City Centre Newry City (Lap of town)	All abilities Over 45 walk & talk	Ciaran Mackin or Maurice Rooney	077 8975 7285 0754 444 2519
Clanrye Group	Newry Towpath-Meeting at WIN Industrial Estate	Mixed ability - Nordic Walking group Thursday evening	Laura Greer	0751 230 4828
Clanrye Group Newry (Health Wellbeing Walks)	Warrenpoint	Mixed ability	Ann Marie Flanagan	028 3089 8119
Clanrye Group, Newry	Newry Towpath Derrymore, Bessbrook Warrenpoint	Mixed ability Mixed ability Beginner		
Clanrye - Social Prescribing Client Health Walks	Warrenpoint Towpath @ WIN Newry Derrymore Woods @ Bessbrook	Mixed ability Mixed ability Intermediate		
Rural Health Partnership	Silverbridge GAA Walking track	Beginner/ Intermediate	Maura Conlon	0747 700 9970

ARMAGH & DUNGANNON AREA				
Group	Location	Target group	Contact	Telephone
Tamnamore Community Development Association	Peatlands Park Dungannon Park	Mixed ability Mixed ability	Peter Murray	0755 705 3324
Eglisn Walking Group		Beginner and Intermediate	https://twitter.com/EglisnGAC https://www.facebook.com/EglisnGAC/	

CRAIGAVON & BANBRIDGE AREA				
Group	Location	Target group	Contact	Telephone
Drumellan Community Assc.	Craigavon area	Slow beginner	Mandy Rogers	028 3832 1415
Clanrye Group	Return Journey from Portadown, Mayfair to the People's Park		Nicole Madden	0748 532 5977
Verve	Lurgan Park South Lakes Oxford Island	Beginner/mixed	Jane Murray	028 3756 3952
T W G PLUS	Lurgan Park Tandem Riding & Walking	Mixed ability	Doreen McFarlane	0773 472 3575
The Quirky Bird/Walking with MS support Group	Lurgan Park	Beginner	Jennifer Coulter	0781 444 2709